Atherogenesis and metabolic dysregulation in LDL receptor-knockout rats


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Introduction

Atherosclerosis is the major underlying cause of peripheral artery disease, stroke, and ischemic heart disease. It is characterized by focal thickening and narrowing of the lumen of blood vessels due to the formation of lipid-laden plaques in the vessel wall. Although several factors contribute to the formation and the progression of atherosclerotic lesions, the central role of cholesterol in atherogenesis is well supported extensively by both experimental and epidemiological evidence (1–4). In humans, plasma cholesterol levels are strongly associated with cardiovascular disease (CVD) risk, and this risk is significantly mitigated by inhibitors of 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase, such as statins (3, 4). Concordant data have been obtained from animal models. While most WT rodents maintain high HDL levels and do not develop atherosclerotic lesions, spontaneous mutations in the LDL receptor (LDLR) in Watanabe rabbits lead to hyperlipidemia and the development of diffuse atherosclerotic plaques (5). Similarly, genetically engineered mice lacking Ldlr or apolipoprotein E (apoe) are hyperlipidemic and develop exuberant atherosclerotic lesions throughout the arterial tree (6–9). Because they are amenable to genetic alterations and their arteries develop mature atherosclerotic plaques within a relatively short time, genetically engineered mice have become the models of choice for studying mechanisms of atherogenesis and for testing antiatherogenic interventions.

Although investigations using genetically altered mice have yielded important mechanistic insights into atherogenesis, these models have significant limitations. Atherosclerotic lesions in mice develop only under severe hypercholesterolemia, and the rate, site, and nature of these lesions are distinctly different from those of human atherosclerotic plaques (2). Moreover, the exclusive use of mouse models makes it difficult to rule out model- and species-dependent effects or to identify additional features of atherosclerosis that might be important in humans but not evident in mice. Hence, new animal models are needed to study the process of atherogenesis and to evaluate the role of hypercholesterol-
emia and other contributing factors to the formation of atherosclerotic lesions. In this manuscript, we describe a new rat model developed by the deletion of the Ldlr. This model could be useful for studying not only atherogenesis, but obesity and insulin resistance as well.

Results

Characterization of Ldlr-KO rats. Deletion of the ldlr gene using the zinc finger technology resulted in complete absence of LDLR protein in the liver (Figure 1A). There were no compensatory increases in the protein levels of the ATP-binding cassette, subfamily A, member 1 (ABCA1), and subfamily G1 (ABCG1) transporters. Moreover, deletion of Ldlr did not affect the mRNA levels of the other lipoprotein receptors; lipoprotein receptor–related proteins (LRP) such as LRP1B, LRP6, and LRP10; or the oxidized LDL related protein-1 (OLR1) in the liver; however, in comparison with WT rats, the hepatic levels of vldlr mRNA were moderately higher in the KO rats (Figure 1B), which might be an adaptive response to hypertriglyceridemia and the increase in VLDL in the KO rats. When placed on a normal chow (NC) diet, the plasma cholesterol levels in the KO rats were significantly higher in comparison with WT rats. As shown in Figure 1C, when these rats were 12 weeks of age, levels of the total plasma cholesterol in KO rats were 2.5-fold higher than WT rats. When monitored frequently, a progressive increase in total plasma cholesterol levels was noted in both WT and KO rats, and after 64 weeks, the plasma cholesterol levels in KO rats exceeded 400 mg/dl (Figure 1C). In addition to an increase in cholesterol, Ldlr deficiency also led to persistently elevated levels of plasma triglycerides (Figure 1D). Because Ldlr is the main route of degradation of proprotein convertase subtilisin kexin 9 (PCSK9) (10), we measured plasma level of this protein both in WT and Ldlr-KO rats. As shown in Figure 1E, loss of Ldlr was associated with a significant increase in circulating PCSK9 levels.

The dyslipidemic plasma profile was accompanied by lipid changes in the liver. In comparison with WT rats, the liver of KO rats had 2-fold higher levels of cholesterol and triglycerides (Table 1). However, despite dyslipidemia, there were no overt signs of hepatic or skeletal muscle injury in the KO rats, as their plasma levels of total protein, albumin, alanine aminotransferase (ALT), aspartate aminotransferase (AST), creatinine, and creatinine kinase (CK) were comparable with WT rats even at 64 weeks of age (Table 1). Likewise, no differences between plasminogen activator inhibitor-1 (PAI-1) and fibrinogen levels were observed between WT and KO rats. Separation of lipoproteins by size exclusion chromatography showed that, in comparison with WT rats, the VLDL and LDL + IDL fractions contained markedly higher levels of cholesterol, although the levels of cholesterol associated with the HDL fraction were lower in KO than WT rats (Figure 2, A and B). These data indicate that deletion of Ldlr results in a profound increase in the plasma levels of total cholesterol and triglycerides and a significant redistribution of cholesterol between different lipoprotein fractions, resulting in selective enrichment of cholesterol associated with VLDL. These changes are qualitatively similar to those that have been observed in Ldlr-KO mice (6), with the exception that — in contrast to Ldlr-KO mice, which show normal levels of triglycerides — the Ldlr-KO rats had 1.8-fold higher plasma triglyceride levels than WT rats.

Further characterization of lipoproteins in the KO rats indicated no appreciable change in the particle size of the different lipoprotein classes (Table 1). Because VLDL levels were elevated in KO rats, we examined changes in the plasma levels of apolipoprotein B (apoB), which is the major protein associated with VLDL. Deficiency of Ldlr did not affect the total apoB levels in the plasma (Figure 2C); however, silver staining of the protein separated on SDS-PAGE revealed that Ldlr deficiency was associated with an increase in the levels of apoB100 and in the apoB100/apoB 48 ratio (Figure 2D). In rodents, apoB100 is primarily cleared by the LDLR (11), whereas apoB48, which does not contain the LDLR binding region (12), is not recognized by the receptor. Hence, the relative increase in apoB100 vs. apoB48 in KO rats suggests a lack of Ldlr-mediated clearance of apoB100 containing VLDL particles. A similar increase in apoB100, relative to apoB48, has been observed in Ldlr-KO mice (11).

Because Ldlr deficiency was associated with an increase in triglycerides, we examined whether Ldlr deficiency affects hepatic triglyceride synthesis or degradation. To measure hepatic production of triglycerides, independent of their removal, we inhibited the clearance of plasma triglycerides using tyloxpap and measured the appearance of triglycerides in the plasma. We found that the rate of triglyceride secretion in KO rats was comparable with that obtained with WT rats (Supplemental Figure 1; supplemental material available online with this article; https://doi.org/10.1172/jci.insight.86442DS1), suggesting that the increase in plasma triglycerides is unlikely to be due to increased hepatic production of triglycerides. To examine changes in triglyceride degra-
dation, we examined the apoA-V–lipoprotein lipase (LPL) axis. Previous studies have shown that apoA-V, associated with HDL and VLDL particles, promotes hydrolysis of triglycerides by activating LPL (13). As shown in Figure 2E, the levels of apoA-V were 18% lower in KO than WT rats. This was accompanied by a 75% decrease in LPL activity (Figure 2F). Taken together, these observations suggest that hypertriglyceridemia in KO rats may be in part related to decreased lipolysis and catabolism of triglycerides via LPL.

During our studies, we noticed that the body weight of the Ldlr-KO rats was significantly higher than WT rats. At 12 weeks of age, the KO rats fed NC were 1.5-fold heavier than WT rats. Even after 64 weeks, the body weight of KO rats was significantly higher than age-matched WT rats (Figure 3, A and B). To examine the obesogenic phenotype of KO rats in greater detail, we measured their blood glucose, insulin, and adipokine levels and determined their glucose tolerance. We found that the fasting blood glucose levels in KO rats were similar to those of WT rats until they were 42 weeks of age (data not shown), and plasma insulin levels were > 2 fold higher than WT rats. As a result, the homeostatic model assessment-insulin resistance (HOMA-IR) scores obtained from KO rats were consistently higher than WT rats (Figure 3, C–F). When subjected to glucose tolerance tests (GTTs), the KO rats showed lower rates of glucose clearance than WT rats, but the 2 strains had comparable insulin tolerance (data not shown). The glucose intolerance of KO rats was apparent when the rats were 18 weeks old, and it worsened progressively with age (Figure 3, C–F). Moreover, in comparison with WT rats, the plasma of KO rats had 3-fold higher levels of leptin and 40% lower adiponectin levels (Table 1). This was accompanied by 1.5-fold higher plasma levels of nonessential fatty acids (NEFA; Table 1). Taken together, these results suggest that the loss of Ldlr in rats promotes progressive weight gain and glucose intolerance.

Effect of Western diet. To examine whether increased fat intake would exacerbate dyslipidemia, obesity, and glucose intolerance in KO rats, we placed WT and KO rats on a Western diet (WD). We found that consumption of WD led to a progressive increase in the plasma cholesterol levels in KO rats, whereas the plasma cholesterol levels of WT rats placed on a similar diet were only marginally affected (Figure 4A). After 52 weeks on
WD, the plasma levels of cholesterol in KO rats were 10-fold higher than the NC-fed rats or WT rats fed a WD. A similar progressive increase in plasma triglycerides was observed in KO rats fed WD, such that after 52 weeks, the plasma triglyceride levels were 4-fold higher in the KO than WT rats (Figure 4B). The KO rats also had 8-fold higher levels of plasma PCSK9 levels than WT rats (Figure 4C). A similar increase in circulating PCSK9 levels has been reported in Ldlr-KO mice maintained on WD (14). FPLC separation of plasma lipoproteins showed that, similar to normal chow-fed KO rats, WD-fed KO rats displayed significantly higher levels of VLDL and LDL + IDL cholesterol (Figure 4D). Consumption of WD also upregulated the levels of ABCA1 in the liver of KO rats, although the levels of ABCG1 remained unchanged (Figure 4E). Plasma LPL protein levels in WD-fed KO rats were comparable with WD-fed WT rats (data not shown). However, WD significantly decreased the plasma apoA-V levels (Figure 4F) and LPL activity in KO rats (Figure 4G). Hepatic cholesterol and triglycerides were also significantly higher in WD-fed KO rats (Table 1). Measurements of hepatic triglyceride production after inhibition of triglyceride clearance by tyloxapol showed that, as with rats on NC, the WT or KO rats fed WD for 1 week did not show an increase in the appearance of triglycerides in the plasma (Supplemental Figure 1). Indeed, the rate of triglyceride production in KO rats was lower than in WT rats, which may be a compensatory mechanism to limit excessive triglycerides in the plasma. The KO rats also showed significant increases in total plasma protein, creatinine, and ALT levels, while minimal changes were observed in WT rats (Table 1). However, blood urea nitrogen (BUN) levels in WD-fed KO rats were comparable with corresponding WT rats.

In addition to exacerbating dyslipidemia, consumption of WD also aggravated weight gain and glucose intolerance. As shown in Figure 5, A and B, we found that rats placed on WD showed a progressive increase in weight gain, which was much more pronounced in KO than WT rats. After 52 week on WD, the weight of the KO rats was 1.5-fold higher than the KO rats fed NC and exceeded 1 kg (Figure 5A). Feeding WD increased the plasma levels of leptin and NEFA in WT rats without affecting the plasma levels of adiponectin. However, WD-induced changes in leptin and NEFA were much more severe in KO rats than WT rats.
WT rats, with a corresponding decrease in adiponectin levels (Table 1). Feeding WD led to a progressive increase in glucose intolerance in KO, which was more pronounced in KO than WT rats (Figure 5, C–E). At all ages tested, the HOMA-IR scores (Figure 5, C–E, insets) and the AUC from GTT (Figure 5F) were higher in KO than WT rats, and the difference between WT and KO rats was much greater when the rats were of 52 weeks of age than when they were 12 weeks old. The WD had no effect on plasminogen activator inhibitor-1 (PAI-1) and fibrinogen levels in either WT or KO rats (Table 1). Taken together, these data suggest that deletion of \( \text{Ldlr} \) exaggerates the metabolic effects of WD.

**Atherosclerotic lesion formation.** When maintained on NC or WD, the KO rats did not show appreciable atherosclerotic lesion formation either in the aortic valve or the aorta for 16–18 weeks (Figure 6), but after 34 weeks of WD, sporadic atherosclerotic lesions were observed in the aortic root (Figure 6A) and the abdominal aorta (Figure 6B). However, after 42 weeks, robust atherosclerotic plaques were seen in the aortic arch, the thoracic aorta, and the abdominal aorta (Figure 6B). Mean lesion area in the aorta of KO rats maintained on WD for 52 weeks was 33% ± 5%. Moreover, in 4 of 5 KO rats, atherosclerotic lesions were detected in the proximal end of the coronary arteries (Figure 6C). Coronary lesions were detected up to 120 \( \mu \)m from the site of origin of the coronary arteries, but such lesions were rarely seen in the distal artery. No lesions were detected anywhere in the aortic tree of WT rats either on NC or WD (Figure 6). These observations suggest that atherosclerotic lesions develop in KO rats only after prolonged WD feeding.

To examine whether cholesterol lowering facilitates plaque regression, we placed 12-week-old \( \text{Ldlr} \)-KO rats on WD for 44 weeks for the lesions to develop. The rats were then placed on NC for 8 weeks. We found that withdrawal of WD for 8 weeks decreased plasma cholesterol by 55% \((P < 0.05)\), but it did not affect the size of the aortic lesions (data not shown). Further studies with prolonged cholesterol withdrawal or lipid lowering therapies are required to examine if the lesions in KO rats can be regressed.
Because high levels of cholesterol could stimulate inflammatory responses, we examined inflammation both in the lesions and in circulation. Staining of the lesions of the abdominal aorta with anti-CD68 antibody showed the accumulation of CD68+ macrophages in the intima (Figure 6D). Intimal lesions also showed appreciable staining for TNFα, monocyte chemoattractant protein-1 (MCP-1), and cytokine IL-6 (Figure 6D). Quantitation of cytokines and chemokines in the plasma showed that cytokines such as macrophage inflammatory protein-2 (MIP-2), TNFα, IFNγ, IL-1α, and IL-1β were abundant in KO rats with lesions (52 weeks of WD) but were undetectable in the plasma of corresponding KO rats maintained on NC (Table 2). Plasma levels of inflammatory cytokines and chemokines including IFNγ; RANTES (CCL5) — which stimulates the chemotaxis of T cells, eosinophils, and basophils — along with neutrophil chemoattractant-lipo polysaccharide–inducible CXC chemokine (LIX; CCR5) and KC (IL-8) were also significantly elevated in the plasma of KO-WD than KO-NC rats. Interestingly, levels of anti-inflammatory cytokines IL-10 and IL-4 were also higher in WD-fed KO rats than in NC-fed KO rats. However, plasma levels of IL-6 and MCP-1 — as well as several other monocyte/macrophages chemoattractant proteins, such as MIP1α, fractalkine, and IP-10 — were not affected by the diet. Together, these data suggested that the formation of atherosclerotic lesions in KO rats was accompanied by pervasive systemic inflammation, as well as lesion-specific inflammation. However, the abundance of specific chemokines and cytokines (e.g., IL-6 and MCP-1) in the lesions does not correlate with their plasma levels. These inflammatory changes are similar to those that have been described in mouse atherosclerotic lesions.

Discussion

The LDLR belongs to a family of cell surface receptors that bind and internalize extracellular ligands (15, 16). Binding of the receptor to a single copy of apoB100 present in LDL leads to endocytosis of the complex and removal of LDL from circulation. In humans, this process mediates approximately two-thirds of LDL clearance, and loss-of-function mutations in the LDLR are associated with familial hypercholesterolemia (FH), a genetic disorder characterized by severe hypercholesterolemia, accelerated CVD, and early death (15, 16). In contrast, mice lacking Ldlr show a moderate increase in LDL levels but do not develop atherosclerotic lesions unless placed on a high-cholesterol diet (6). Atherosclerotic lesions in mice develop only with extreme hyper-
cholesterolemia, and the rate, site, and the nature of lesion formation are different from humans (2). Hence, we examined the effects on \( \text{Ldlr} \) deletion on rats, which differ from mice in their inflammatory responses and cholesterol metabolism. Our results show that, in rats, \( \text{Ldlr} \) deletion was associated with increased VLDL and LDL + IDL cholesterol and a suppression of HDL levels. However, as in mice (6), \( \text{Ldlr} \) deletion in rats did not lead to the formation of atherosclerotic lesions on NC, although significant formation of atherosclerotic lesions was observed when these rats were placed on WD. Importantly, in contrast to mice, \( \text{Ldlr} \) deletion in rats was associated with progressive obesity and glucose intolerance, conditions that were further exacerbated by WD. This unique phenotype of the \( \text{Ldlr} \)-KO rat could reveal novel relationships between dysregulated cholesterol metabolism and its functional consequences. Therefore, the \( \text{Ldlr} \)-KO rat could be a new model that is useful for studying cholesterol metabolism as well as the mechanisms underlying early atherogenesis, particularly in the context of diabetes and obesity. Moreover, the model could be useful for studying the effects of toxicants, tobacco products, drugs, and environmental pollutants on diet-independent effects on dyslipidemia and insulin resistance, and diet-dependent formation of atherosclerotic lesions.

The relationship between dyslipidemia and atherosclerosis has been studied extensively in several animal models including mice, (2, 6, 7) rabbits (17), rats (18), and pigs (19–21); however, the effects of \( \text{Ldlr} \) deletion have not been assessed in rats, although significant formation of atherosclerotic lesions was observed when these rats were placed on WD. Importantly, in contrast to mice, \( \text{Ldlr} \) deletion in rats was associated with progressive obesity and glucose intolerance, conditions that were further exacerbated by WD. This unique phenotype of the \( \text{Ldlr} \)-KO rat could reveal novel relationships between dysregulated cholesterol metabolism and its functional consequences. Therefore, the \( \text{Ldlr} \)-KO rat could be a new model that is useful for studying cholesterol metabolism as well as the mechanisms underlying early atherogenesis, particularly in the context of diabetes and obesity. Moreover, the model could be useful for studying the effects of toxicants, tobacco products, drugs, and environmental pollutants on diet-independent effects on dyslipidemia and insulin resistance, and diet-dependent formation of atherosclerotic lesions.

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Like the mouse liver, the rat liver also synthesizes both apoB100 and apoB48, but in rats, apoB100 undergoes further editing to form apoB95 (24). The consequences of these differences in apoB isoforms remain poorly understood; however, hypertriglyceridemia seen in Ldlr-KO rats, but not Ldlr-KO mice, and a relatively mild increase in LDL + IDL cholesterol in Ldlr-KO rats (1.5-2.0-fold; this study) vs. Ldlr-KO mice (8-fold) (6) suggest that the effects of Ldlr-deletion on the liver cholesterol metabolism and the resultant adaptive changes in cholesterol synthesis and transport are likely to be different between mice than rats.

In addition to removing LDL from circulation, the LDLR also regulates the secretion of apoB proteins in both mice and humans. Patients with FH overproduce IDL and LDL (25) and experiments with Ldlr-KO mice have shown that LDLR mediates the reuptake of newly synthesized apoB containing lipoprotein particles and thereby alters the proportion of apoB that escapes co- and posttranslational presecretory degradation of apoB (26). The LDLR mediates the presecretory degradation of both apoB100- and apoB48-containing proteins that interact with the receptor via apoB100 and apoE, respectively. Indeed, transgenic mice overexpressing apoE have hypertriglyceridemia due to a combination of enhanced VLDL secretion and decreased LPL-mediated lipolysis of VLDL (27). Therefore, the differences in dyslipidemia between Ldlr-KO mice and rats may relate to differences in ratio of apoB100/apoB48 synthesized in the rat vs. the mouse liver and the extent to which VLDL is degraded by the LDLR-mediated mechanism in the rat. While direct comparative measurements are lacking, our data showing that the apoB100/apoB48 ratio is 2 in Ldlr-KO rats but 4 in Ldlr-KO mice (6) indicate that more apoB48 is generated in the rat than the mouse liver — or that more apoB48 is degraded via LDLR in rats than in mice — leading to more pronounced hypertriglyceridemia in Ldlr-KO rats than Ldlr-KO mice. That the LDLR regulates triglyceride metabolism, and secretion is further supported by the observation that targeted disruption of LDLR in Yucatan mini pigs leads to a 50-fold increase in VLDL after 26 weeks of age (20). Similarly, downregulation of LDLR in mice by transgenic expression of PCSK9, which degrades LDLR protein, results in an increase in fasting serum triglyceride and VLDL levels, even in chow-fed animals (28). Mice overexpressing human D347Y-PCSK9, the gain of function of missense mutation associated with severe familial hypercholesterolemia, also secrete more triglycerides than WT mice (29). Hence,

Figure 5. Effect of Western diet on metabolic parameters in Ldlr-KO rats. Twelve-week-old WT and Ldlr-KO rats (n = 8-12/group) were maintained on WD for 0–52 weeks. (A) Time course of the effect of WD on body weight. (B) Representative picture of rats maintained on WD for 52 weeks. (C–F) Glucose (1 g/kg; i.p.) tolerance test (GTT) of rats maintained on WD for 6 (C), 12 (D), and 30 (E) weeks. Insets show the corresponding homeostatic model assessment-insulin resistance (HOMA-IR) levels (n = 5–6/group). (F) The AUC for GTT (n = 5–6/group). Two-way ANOVA was used for the analyses of data in panels A and F, and unpaired 2-tailed Student’s t test was used for the analyses of data in insets of panels C–E. Values are mean ± SEM. *P < 0.05 vs. WT rats.
the increase in triglycerides seen in \textit{Ldlr}-KO rats may be related in part to the increase in \textit{PCSK9} seen in these animals, leading to increased apoB secretion (14). Further experiments using \textit{PCSK9} inhibitors are required to identify the role of \textit{PCSK9} in regulating apoB secretion in \textit{Ldlr}-KO rats.

An additional factor contributing to hypertriglyceridemia in \textit{Ldlr}-KO rats may be related to changes in the \textit{LPL–apoA-V} axis. Since \textit{LPL} transforms chylomicrons to remnants and facilitates the conversion of \textit{VLDL} to \textit{LDL}, a decrease in \textit{LPL} activity could increase \textit{VLDL}. In humans, elevated plasma \textit{LPL} activity is associated with decreased \textit{triglycerides} and an increase in \textit{HDL} cholesterol, and heterozygotes for \textit{LPL} deficiency have augmented levels of circulating triglycerides and decreased \textit{HDL} levels (30). While reasons for \textit{LPL} deficiency secondary to \textit{Ldlr} deletion remain unclear, the decrease in the activity of the enzyme might be related to the observed decrease in \textit{apoA-V} in \textit{Ldlr}-KO rats. In the plasma, \textit{apoA-V} is found predominantly bound to \textit{VLDL} and \textit{HDL}, and it activates proteoglycan-bound \textit{LPL} to enhance triglyceride hydrolysis (31–33). In humans, several polymorphic forms of the \textit{apoA-V} gene have been reported to be associated with hypertriglyceridemia and impaired \textit{LPL} activity (34, 35). Carriers of rare nonsynonymous mutations of \textit{apoA-V} in humans have higher plasma triglyceride levels, as well (36). Studies in experimental animals show that deficiency of \textit{apoA-V} in WT mice increases the plasma levels of triglycerides by 4-fold, and overexpression of human \textit{apoA-V} transgene decreases plasma triglycerides by 30% (37). Moreover, overexpression of human \textit{apoA-V} in \textit{apoE}-KO or \textit{apoE2-knockin} mice significantly decreases plasma triglyceride levels (37). Hence, the observed decrease in \textit{apoA-V} and \textit{LPL} activity could in part account for hypertriglyceridemia in \textit{Ldlr}-KO rats. In addition, the increase in plasma triglyceride levels could also be due to suppression of adiponectin levels even in rats maintained on NC. In dyslipidemic (38) and diabetic subjects (39) plasma adiponectin levels are inversely related with triglycerides, and adiponectin has been suggested to decrease plasma triglycerides by increasing VLDL catabolism in the skeletal muscle without affecting the rate of hepatic apoB secretion (40). Thus, the decrease in adiponectin levels in \textit{Ldlr}-KO rats could, in part, account for the observed hypertriglyceridemia in these rats. Because adiponectin secretion by adipocytes is decreased upon lipid accumulation, an initial increase in circulating triglycerides in \textit{Ldlr}-KO rats could set up a vicious cycle in which lipid accumulation in adipocytes suppresses adiponectin secretion, which in turn could further exacerbate hypertriglyceridemia by diminishing VLDL catabolism.
The increase in VLDL levels and triglycerides in Ldlr-KO rats was associated with increased adiposity and progressive glucose intolerance (41). This increase in obesity and glucose intolerance has not been reported in other models of LDLR deficiency or dysfunction. The Ldlr-KO mice on NC do not gain more weight than their WT controls, and they maintain normal insulin and leptin levels and glucose intolerance (42, 43). Similarly, no increase in weight gain or hyperglycemia has been reported in pigs expressing PCSK9 gain-of-function mutations (21) or with Ldlr deficiency (20). Moreover, like the Ldlr-KO mice, the apoe-KO mice are also resistant to metabolic changes and do not show changes in triglyceride and glucose metabolism, even on a WD (44). Thus, increased obesity and insulin resistance in Ldlr-KO rats is surprising, particularly because these changes are observed in the presence of elevated plasma PCSK9 levels. It has been previously suggested that because, in addition to LDLR, PCSK9 also targets VLDLR and CD36 (45), lack of PCSK9 can increase the expression of VLDLR or CD36 to facilitate triglyceride hydrolysis and free fatty acid uptake in visceral adipocytes (46). Indeed, mice with PCSK9 deficiency exhibit impaired glucose tolerance and insulin resistance (47). In contrast, the Ldlr-KO rats developed insulin resistance, glucose intolerance, and obesity even with an 8- to 10-fold higher plasma PCSK9 levels, indicating that increased PCSK9-mediated degradation of VLDLR in these rats, if any, is not sufficient to prevent lipid accumulation in the adipocytes or the liver.

When placed on a WD, the Ldlr-KO rats showed signs of mild hepatic injury, as reflected by an increase in ALT levels and renal dysfunction, as evidenced by an increase in plasma creatinine levels. However, WD did not increase BUN levels in the KO rats. Usually with frank renal injury, both the levels of BUN and creatinine increase with a corresponding increase in the BUN/creatinine ratio (48, 49), but feeding WD led to a decrease (from 23 to 5) rather than an increase in this ratio, which might be indicative of incipient rather than frank renal dysfunction. Feeding the WD also increased total plasma protein, although the levels of albumin were not affected. Given that plasma proteins comprise mainly albumin and globulin, we speculate that the WD-induced increase in plasma proteins may be reflective of systemic inflammation. Indeed, we found that KO rats on WD had higher levels of several inflammatory, as well as antiinflammatory cytokines (Table 2). Similar extensive increases in plasma cytokines have been observed in other animal models of dyslipidemia (50–52) and are thought to be secondary to the activation of immune responses due to persistently high levels of plasma lipoproteins. Such changes in the WD-fed Ldlr-KO rats were accompanied by hyperinsulinemia, obesity, and insulin resistance and — importantly with the formation of inflammatory atherosclerotic lesions — containing high levels of macrophages and cytokines. Thus, it appears that persistent hypercholesterolemia secondary to the deletion of Ldlr could promote systemic inflammation and multiple tissue dysfunction.

The hyperinsulinemia, insulin resistance, and obesity due to WD in Ldlr-KO rats is also observed in Ldlr-KO mice, but this diet also accelerates atherogenesis in these mice (53). Hence, it is difficult to estab-

<table>
<thead>
<tr>
<th>Cytokine (pg/ml)</th>
<th>KO-NC</th>
<th>KO-WD</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIP-2 (CXCL2)</td>
<td>ND</td>
<td>16 ± 2</td>
</tr>
<tr>
<td>MIP-1α</td>
<td>6.7 ± 0.8</td>
<td>12.0 ± 1.7</td>
</tr>
<tr>
<td>Fractalkine (CX3CL1)</td>
<td>31 ± 9</td>
<td>21 ± 6</td>
</tr>
<tr>
<td>IP-10 (CXCL10)</td>
<td>113 ± 20</td>
<td>150 ± 20</td>
</tr>
<tr>
<td>MCP-1</td>
<td>157 ± 16</td>
<td>280 ± 45</td>
</tr>
<tr>
<td>RANTES (CCL5)</td>
<td>77 ± 14</td>
<td>274 ± 72A</td>
</tr>
<tr>
<td>LIX (CXCL5)</td>
<td>331 ± 60</td>
<td>1,476 ± 239A</td>
</tr>
<tr>
<td>GRO/KC</td>
<td>7.1 ± 0.9</td>
<td>24 ± 5A</td>
</tr>
<tr>
<td>Eotaxin (CCL11)</td>
<td>ND</td>
<td>5.3 ± 0.6A</td>
</tr>
<tr>
<td>TNFα</td>
<td>ND</td>
<td>2.5 ± 1.0A</td>
</tr>
<tr>
<td>IL-1β</td>
<td>ND</td>
<td>23 ± 12A</td>
</tr>
<tr>
<td>IL-1α</td>
<td>ND</td>
<td>16 ± 4A</td>
</tr>
<tr>
<td>IL-6</td>
<td>27 ± 14</td>
<td>39 ± 9</td>
</tr>
<tr>
<td>IL-4</td>
<td>11 ± 2</td>
<td>25 ± 3A</td>
</tr>
<tr>
<td>IL-5</td>
<td>ND</td>
<td>ND</td>
</tr>
<tr>
<td>IL-10</td>
<td>140 ± 56</td>
<td>307 ± 25A</td>
</tr>
<tr>
<td>IL-12p70</td>
<td>ND</td>
<td>241 ± 106A</td>
</tr>
<tr>
<td>IL-13</td>
<td>ND</td>
<td>42 ± 6A</td>
</tr>
<tr>
<td>IL-17A</td>
<td>ND</td>
<td>ND</td>
</tr>
<tr>
<td>IL-18</td>
<td>57 ± 28</td>
<td>71 ± 6</td>
</tr>
<tr>
<td>EGF</td>
<td>0.4 ± 0.1</td>
<td>0.9 ± 0.1A</td>
</tr>
<tr>
<td>VEGF</td>
<td>21 ± 10</td>
<td>27 ± 5</td>
</tr>
<tr>
<td>G-CSF</td>
<td>ND</td>
<td>ND</td>
</tr>
</tbody>
</table>

Values are mean ± SEM of KO rats maintained on normal chow (NC) for 64 weeks or 12 weeks old KO rats maintained on Western diet (WD) for 52 weeks. *P < 0.05 vs. KO-NC. ND, not detectable.
lish whether the more severe insulin resistance in these mice is due to diet, dyslipidemia, or the formation of atherosclerotic lesions. Because atherosclerosis is an inflammatory disease, it is possible that increases in systemic inflammation could promote insulin resistance; however, this possibility could not be examined in mice, as both insulin resistance and atherosclerotic lesions develop simultaneously with dyslipidemia in Ldlr-KO mice. In contrast, the unique obesogenic phenotype of Ldlr-KO rats clearly suggests that a primary defect in LDL metabolism, even in the absence of high-fat diet or atherosclerosis, could be a sufficient cause of obesity and glucose intolerance. It is currently believed that dyslipidemia in humans with diabetes is secondary to insulin resistance that promotes lipid abnormalities, leading to a decrease in hepatic apoB degradation and increased secretion of triglyceride-rich VLDL particles. However, our observations suggest that the reverse is also possible. Defects in LDL metabolism that result in secondary changes in VLDL and triglycerides could lead to adipocyte hypertrophy, ectopic lipid deposition, and systemic glucose intolerance, suggesting that under some metabolic conditions dyslipidemia could be a cause rather than a consequence of obesity and glucose intolerance.

The obesogenic effects of Ldlr deletion observed in the rat are apparently different from those seen in humans. Not all patients with FH are frankly obese or insulin resistant, and even though hypertriglyceridemia is not considered to be a central feature of FH, most patients with homozygous FH have 2- to 3-fold increases in triglycerides (25), a phenotype similar to that observed in rats but not in mice. However, in patients of heterozygous FH, fasting triglycerides have been reported to be decreased by 10% (54), and these patients are protected from type 2 diabetes as compared with their family members; hence, the phenotype in Ldlr-KO rats seems to be different from that in humans with heterozygous FH. However, in humans, familial combined hypercholesterolemia (FCH), in comparison with FH, is more closely associated with elevated blood glucose and insulin levels and adipocyte abnormalities (55, 56). FCH is the most prevalent genetic dyslipidemia in Western society (1:100) and is considered to be due to multiple defects that differ between families. It is associated with hepatic overproduction of VLDL particles, insulin resistance, hepatic fat accumulation, and impaired clearance of apoB-containing particles (56), defects similar to those seen in the Ldlr-KO rats. Moreover, like the Ldlr-KO rats, a substantial proportion of FCH patients have decreased LPL activity (57). Thus, the Ldlr-KO rat model could provide further insights into specific relationships between LDLR function and mixed hyperlipidemia.

The rat model could also be useful in disentangling the relationship between glucose intolerance and atherosclerotic lesion formation. Atherosclerotic lesions do not develop in Ldlr-KO mice fed a NC diet (6), and while feeding a WD leads to the formation of atherosclerotic lesions in these mice, they develop insulin resistance contemporaneously with atherosclerotic lesion formation (42, 43). Therefore, in these mice, it is difficult to untangle atherosclerotic changes from changes in glucose or lipid metabolism. There is a similar problem in studying atherogenesis and its relationship to obesity and insulin resistance in apoe-KO mice, which are resistant to diet-induced obesity and insulin resistance (44). In contrast, because the Ldlr-KO rats maintained on NC did not develop atherosclerotic lesions, it may be possible to study the effects of dyslipidemia on obesity and glucose homeostasis, independent of atherosclerotic lesions formation. Moreover, like atherogenesis in humans, atherosclerotic lesion formation in rats is slow and is preceded by glucose intolerance and obesity. Ldlr-KO mice, like the Ldlr-KO rats, do not develop atherosclerotic lesions on NC, but their cholesterol levels usually remain below 250 mg/dl (53). NC fed Ldlr-KO rats, in contrast, did not develop atherosclerotic lesions, even when their cholesterol levels exceeded 400 mg/dl. Atherosclerotic lesions in KO rats appeared only when cholesterol levels were consistently > 1,000 mg/dl for > 34 weeks. In comparison, Ldlr-KO (and apoe-KO) mice develop intermediate to advanced lesions within 10–20 weeks of WD (53, 58). Thus, it appears that more prolonged hypercholesterolemia is required to induce atherosclerotic lesion formation in rats than in mice, and because atherogenesis in these rats is slow and preceded by the obesity and insulin resistance, these rats might be more useful for studying the relationship between lipid and glucose metabolism and the contribution of metabolic changes to atherosclerotic lesion formation than either the Ldlr-KO or the apoe-KO mice. Furthermore, because in contrast to mice, rats are larger, they may be more amenable to surgical operations than mice, and they could provide larger biological samples (tissue, blood, urine), which would facilitate biochemical and histological measurements. In addition, in contrast to pigs and rabbits, rats have lower breeding costs and several rat models of metabolic disease have been developed that could be readily combined with the Ldlr-KO model.
Methods

Animal housing and diet. Ldlr-KO rats were generated at SAGE laboratory. Briefly, a total of 337 bp were deleted at the junction of intron 3 and exon 4 (on chromosome 8), and 4 bp cgtg were inserted using the zinc finger technology. The deletion was performed with the following sequence: agagcacaggttggtagctttggcttggccttgggtggagctctgtagggccttcgtgtgggtgagctgtgtgtgttgtaggtatctcagcagctcgagcgacactctctctctgtgggggctggtggcctgcga. Solvents were evaporated under nitrogen, and the residue was dissolved in 5% BSA. Cholesterol and triglycerides in the liver, the tissue was pulverized and lipids were extracted as described by Bligh and Dyer (63). Details of the Zinc Finger Nuclease kits are described in Supplemental Tables 1–3. Zinc finger nucleases transcribed mRNA (in vitro) were injected in rat embryos at 5 ng/μl concentration. A total of 299 embryos were injected, out of which 181 embryos survived and transferred into 4 recipients. This resulted in the birth of 35 pups. One out of 35 pups was mutant. Although, the rate of indel generation was low in these rats, the resultant rat was fertile and sufficient to establish the colony of Ldlr-KO rats. Efficiency of indel generation may be improved by CRISPR/Cas9-targeted genome editing (59).

Experiments were performed in rats that were crossed for 5–7 generations on Sprague-Dawley background. Six-week-old male Ldlr-KO and WT Sprague-Dawley rats (Harlan laboratories) were housed under pathogen-free conditions in the University of Louisville vivarium under controlled temperature and 12-hour light/12-hour dark cycle and maintained on NC (5.5% fat; LabDiet). Starting at 12 weeks of age, rats were either fed WD (42% fat; Harlan Laboratories; WT [n = 10] and Ldlr-KO [n = 16]) or continued to be maintained on NC (WT [n = 9] and LDLR-KO [n = 8]). Rats were euthanized after 16, 34, 42, and 52 weeks of WD, and their plasma, heart, aorta and liver were harvested.

RNA isolation and quantitative PCR analyses. Primers for lipoprotein receptors were obtained from Qiagen, and quantitative PCR (qPCR) analysis was performed as described (60).

Western blot analyses. Anti-LDLR (AB30532; 1:1,000) and anti-ABCA1 (AB.H10; 1:1,000) antibodies were obtained from Abcam; anti-ABCG1 antibody (NB110-55438; 1:5,000) was purchased from Novus Biologicals; and anti-tublin antibody (T6074; 1:3,000) was bought from Sigma-Aldrich. Western blotting was performed on liver homogenates using standard techniques.

Blood glucose and plasma lipoprotein analyses. Blood was collected every 4 weeks from the tail vein after a 6-hour fast, and blood glucose was measured by an ACCU-CHEK Aviva glucometer. Levels of cholesterol and triglycerides in the plasma were measured as described (61, 62). For the quantitation of cholesterol and triglycerides in the liver, the tissue was pulverized and lipids were extracted as described by Bligh and Dyer (63). Solvents were evaporated under nitrogen, and the residue was dissolved in 5% BSA. Cholesterol and triglycerides were measured as described above. Cholesterol distribution in the lipoproteins was assessed by size-exclusion chromatography on FPLC (62). Particle size of lipoproteins was measured by NMR as described (64).

Hepatic triglyceride secretion. Hepatic triglyceride secretion rate was measured as described by Huang et al. (65). Briefly, rats were fasted overnight to remove the chylomicrons from the plasma. After obtaining the baseline samples, the rats received a bolus injection of tyloxapol (triton WR1339, Sigma-Aldrich; 300 mg/kg, i.v.) in the tail vein. Blood samples were collected at 0, 60, 90, 120, and 150 minutes after tyloxapol injection, and triglyceride content was measured in the plasma. Triglyceride secretion rates for each rat were calculated by simple linear regression plasma triglyceride levels (mg/kg body weight) as the dependent variable and time of measurement (hours) as the independent variable.

Glucose and insulin tolerance test. GTTs were performed after a 18-hour fast by injecting D-glucose (1 g/kg; i.p.) in sterile saline as described (66). Insulin tolerance tests were performed on nonfasted animals by injecting Humulin R (1.5 U/kg, i.p.; Lilly) (66).

Clinical chemistry parameters. Total protein, albumin, ALT, AST, creatinine, CK, and NEFA in the plasma were measured on MIRA chemical analyzer as described (64).

ELISAs. Levels of leptin (Eve Technologies Corporation), adiponectin (R&D Systems), insulin (Merckodia), PCSK9 (MBL International), fibrinogen (Innovative Research), PAI-1 (Innovative Research), apoB (MyBioSource), apolipoprotein A-V (Navatein Biosciences), and lipoprotein lipase (Antibody Research) in the plasma were measured by ELISA as per manufacturers’ instructions. Plasma lipoprotein lipase activity was measured using the kit from Cell Biolabs Inc. (catalog STA-610).

Electrophoresis of apoB100 and apoB48. Plasma VLDL was isolated by ultracentrifugation (67). The VLDL was delipidated, electrophoresed on a 3% acrylamide gel (in house), and silver stained (24).

Atherosclerotic lesion analysis. Lesions were examined throughout the aortic tree as described (61, 62, 64, 68). Lesions in the aortic valve were examined in the OCT-fixed sections at 2× magnification following
staining with Oil Red O. Lesions in the enface aorta were visualized with Sudan IV staining. Lesions in the coronary artery were examined after staining with H&E.

**Immunohistochemical analysis**. Immunohistochemical analyses was performed on formalin-fixed sections of abdominal aortae as described before (62, 68). Briefly, sections (5 μm) were deparaffinized and rehydrated. Sections were incubated with anti-CD68 (MCA1957A647, clone FA-11, Bio-Rad), anti-TNFα, anti–MCP-1, and anti–IL-6 (ab6671, ab25124, and ab9324, respectively; Abcam) antibodies for 18 hours at 4°C followed by staining with and goat anti–rabbit or anti–mouse IgG – Alexa488 (A11008 and A11001, respectively, Invitrogen). Digital images were acquired at ×60 magnification.

**Statistics**. Data are expressed as mean ± SEM. Unpaired 2-tailed Student’s t test was used for the data analysis when the data were restricted to 2 groups. Two-way ANOVA followed by Bonferroni post-tests were used to compare more than 2 experimental groups. Statistical significance was accepted at P < 0.05 level.

**Study approval**. Animal protocols for the study were approved by University of Louisville animal care and use committee (IACUC number 16670).

**Author contributions**

SS and AB designed the experiments, did the critical analyses of data, provided the resources, and wrote the manuscript. SDS, MVM, NSW, AA, AK, and REHB performed the experiments, acquired and analyzed the data, and wrote sections of the manuscripts. KAR, MGW, and DWR performed the experiments, acquired data, and performed data analyses.

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