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Cardiac sympathectomy and spinal cord stimulation attenuate reflex-mediated norepinephrine release during ischemia preventing ventricular fibrillation

Jeffrey L. Ardell,1,2,3,4 Robert D. Foreman,5 J. Andrew Armour,1,2 and Kalyanam Shivkumar1,2,3,6

1UCLA Cardiac Arrhythmia Center, UCLA Health System, Los Angeles, California, USA. 2Neurocardiology Research Program of Excellence and 3Molecular Cellular and Integrative Physiology, UCLA, Los Angeles, California, USA. 4Department of Biomedical Sciences, East Tennessee State University, Johnson City, Tennessee, USA. 5Department of Physiology, University of Oklahoma Health Science Center, Oklahoma City, Oklahoma, USA. 6Neuroscience Interdepartmental Programs, UCLA, Los Angeles, California, USA.

Introduction

Acute myocardial ischemia (MI) can initiate lethal cardiac arrhythmias that are responsible for sudden cardiac death (SCD) (1). Local metabolic factors, including ionic shifts (1, 2), contribute to the creation of an arrhythmogenic substrate for arrhythmias. Vulnerability to MI arrhythmia induction is also powerfully modulated by the autonomic neural networks (3–5). Cardiac afferent sensory transduction initiates reflexes within the cardiac nervous system (6) that ultimately regulate efferent sympathetic output to the heart. These reflexes result in the release of norepinephrine (NE) at the nerve terminals into the cardiac interstitium (7–10). This reflex-mediated NE release can be highly arrhythmogenic at a time when the myocardium itself is highly susceptible to abnormal impulse formation and propagation (3, 5, 11). Pharmacological approaches to mitigate these consequences have focused on adrenergic receptor blockade, which is an established therapy primarily targeted at the cardiac end effectors (12). The antiarrhythmic efficacy of such pharmacological therapies to reduce SCD has limitations and addresses only one aspect of the pathophysiological mechanism leading to sympathoexcitation (3, 5, 13). The contribution of cardiac innervation to the risk of ventricular fibrillation (VF), especially via the transduction of ischemia by neural afferents that cause reflex mediated sympathoexcitation, is not well understood.

The cardiac nervous system comprises a series of feedback control circuits, which are fundamental to dynamic cardiac control in health and disease (14–16). New avenues for neuraxial therapeutic interventions can be understood with this framework (17–19). Neuromodulation therapies are targeted at specific
“nexus” points of the cardiac nervous system such as the intrinsic cardiac nervous system (ICNS) (17), extracardiac sympathetic ganglia (19–21), spinal cord (22–24), or vagosympathetic trunk (25–28). These therapies have demonstrated myocardial salvage (24, 27, 29) and efficacy in arrhythmia control (20, 21, 23). Neuraxial stabilization is further exemplified in the transplanted heart, which contains a functional ICNS (30, 31), and is decentralized from the higher levels of the nervous system. In this setting, VF is rarely seen in transplanted hearts — even in the setting of acute ischemia (32). The mechanistic basis of these clinical observations, especially why there is a reduction in sympathoexcitation with cardiac neural decentralization, is not well understood. We sought to examine the effects of stepwise decentralization of the heart and spinal cord stimulation (SCS) in separate sets of experiments with the aid of direct neurotransmitter measurements of NE levels in the left ventricle interstitial fluid (ISF) space with the microdialysis technique. We hypothesized that neural reflexes initiated by cardiac sensory transduction of ventricular ischemia are responsible for amplification of sympathoexcitation and resultant enhancement of regional cardiac NE levels leading to VF. We also hypothesized that stabilization of intrathoracic reflex processing (by SCS or surgical decentralization of the intrathoracic aspects of the cardiac nervous system from higher centers) can mitigate this amplification of sympathoexcitation during myocardial/ischemia reperfusion, thereby reducing regional ventricular NE release and, thus, decreasing the potential for VF.

**Results**

**Hemodynamic indices.** Table 1 summarizes the hemodynamic data recorded before, during, and after transient occlusion of the left anterior descending (LAD) coronary artery in each of the 4 animal groups studied. With the exception of the SCS neuromodulation group, LAD occlusion initiated minimal changes in heart rate. It decreased left ventricular (LV) systolic pressure and LV +dP/dt. It also increased LV end-diastolic pressure. While SCS by itself did not alter baseline hemodynamic indices, it did mitigate depressions in LV +dP/dt associated with transient LAD occlusion.

VF. In untreated control animals, transient (15 minutes) occlusion of the LAD coronary artery was associated with VF in 38% of the animals (group 1) (Figures 1 and 2). This generally occurred within 3 minutes of reperfusion onset (Figure 2A, innervation intact) and was associated with surge in LV ISF catecholamine levels (109.8% ± 25.0% change over baseline for survivors vs. 458.3% ± 63.6% change over baseline for animals that went into VF; \( P \leq 0.001 \)). In a subset of animals with intact innervation (\( n = 11 \)), the circumflex artery was occluded, with VF onset primarily occurring 4–6 minutes into occlusion (Figure 2A, red trace). For the animals that experienced VF during circumflex CAO,
ischemic zone had catecholamines levels twice that of resistant animals (2037 ± 161 pg/ml vs. 1255 ± 210 pg/ml, $P = 0.028$) during that ischemic event. Acute decentralization of the intrathoracic nervous system from the influences of central neurons reduced the potential for ischemia-induced SCD to 8% of control (occurring in 1 of 12 animals so tested, Figure 2B) (groups 2 and 3). Preemptive SCS also reduced the incidence of CAO-induced VF in neurally intact preparations (1 of 9 animal during SCS+CAO so studied; Figure 2C) (group 4). From group 4, 2 of 5 animals randomized to CAO first experienced SCD/VF at reperfusion. In group 4 animals, randomized first to SCS+CAO and then, 1 hour later, to CAO alone, 5 of 6 animals survived the first ischemic challenge (c.f., in the presence of SCS). In response to the second (sham SCS) CAO, animals exhibited a 40% potential for SCD/VF. As detailed in the next section, the reduction in VF potential by sequential decentralization or active SCS was associated with mitigation of NE release during ischemia and reperfusion phases.

**Local LV interstitial NE release with an intact neuraxis.** Regional ventricular NE liberation was greatest during transition states (i.e., baseline to occlusion or occlusion to reperfusion) (Figure 3, A and B). When these data were subgrouped retrospectively according to whether animals survived the ischemic insult (VF resistant) versus those that did not survive (VF susceptible), animals that died suddenly demonstrated enhanced NE levels within the ischemic zone during CAO and enhanced NE levels during reperfusion in all areas of the LV sampled (Figure 3, C and D, and Figure 4A). In intact preparations that survived the transient ischemic challenge, regional LV ISF NE increased in reflex response to LAD CAO/reperfusion — with progressively increasing contents when comparing normal with ischemic zones (703.3 ± 74.0 pg/ml to 1426.0 ± 156.7 pg/ml, normal zone; 799.1 ± 57.8 pg/ml to 1933.1 ± 183.8 pg/ml, ischemic zone; $P = 0.318$ at baseline and $P = 0.047$ during LAD CAO between zones).
CAO-induced LV ISF NE following decentralization of the intrathoracic nervous system. When the intrathoracic elements of the cardiac nervous system were surgically disconnected from the central nervous system (stellate ganglia decentralized and cervical vagosympathetic trunks cut bilaterally), transient CAO still reflexly increased NE contents in all 3 LV regions (ischemic, border, and normal zones) (Figure 4B). However, such increase was reduced by approximately 25% across all zones when compared with data obtained in the intact neural state preparations. Following decentralization of the intrinsic cardiac neuronal (ICN), leaving it as the sole reflex controller of neuronal release, CAO reflex–induced release of NE into the nonischemic and border zones was virtually eliminated. Residual ischemia-induced NE release was identified within the ischemic zone (Figure 4C). Following ICN decentralization, no evidence of enhanced NE release was evident upon reperfusion in any of the zones evaluated.

**Discussion**

The major findings of this study are as follows. Afferent sensory transduction of ventricular ischemia results in a reflex-mediated amplification of sympathoexcitation. The augmented NE release due to afferents engaging higher levels of the neuraxis and concomitant regional dispersion in NE release in the heart was associated...
increased incidence of VF. Progressive “delinking” of the heart from more rostral aspects of the neuraxis attenuates the amplification of sympathoexcitation by the higher regions. Neuromodulation using SCS mitigated MI reflex-induced augmentation of NE release; VF was reduced with preservation of contractile function.

Cardiac neurotransmission. The heart has a rich sensory innervation that transduces multiple physiological events that are transmitted to various levels of the neuraxis (Figure 1 and refs. 17, 33, 34). Afferent neural traffic is transmitted to the intrinsic neural ganglionated plexus in the heart, stellate/middle cervical ganglia, the spinal cord (via dorsal root ganglia) with relays to higher centers via the spinoreticular track, and by way of the vagosympathetic trunk to the nodose ganglia with neuronal projections to the nucleus tractus solitaries (10, 30, 34, 35). This afferent information is processed by the ICNS, stellate/middle cervical ganglia, spinal cord, and higher centers to initiate the reflexes that ultimately result in activation of sympathetic efferent post-ganglionic neurons within intrathoracic extracardiac and intrinsic cardiac ganglia (17, 33, 36). This reflex-induced sympathoexcitation modulates cardiac chronotropy, dromotropy, inotropy, and lusitropy (37, 38).

Integrated control of cardiac indices by adrenergic efferent postganglionic neurons can be investigated locally by assessment of regional catecholamine release (39–41). In this study ISF levels of NE were determined in normal (remote), ischemic, and border zone regions of the left ventricle in reflex response to transient,
regional LV ischemia; levels of NE measured within the ISF are reflective of neuronal release, reuptake, and diffusion (39, 40, 42). This ISF-NE index of regional sympathetic activity was assessed in animals with (a) intact neuraxes, as compared with those in which (b) the intrathoracic component of the cardiac neuronal hierarchy was surgically disconnected from the central nervous system or (c) those with intact neuraxes that had been preemptively treated with SCS (T1–T3 spinal levels). The results show that processing of cardiac afferents at each level of the neuraxis results in amplification of sympathoexcitation, as evidenced by higher NE release, and that targeted neuromodulation has the capacity to blunt such reflexes while preserving basal function.

**Hierarchy of cardiac neural control.** Hierarchy for cardiac control functions as a series of nested feedback loops. Control is regulated by 3 major neuronal levels: (a) the ICNS, (b) extracardiac intrathoracic (stellate, middle cervical, and mediastinal) ganglia, and (c) the central nervous system (spinal cord, brainstem, and higher centers) (17, 43–45). These 3 levels are capable of independent and interdependent reflex actions for control of regional cardiac function (30, 35, 46, 47). The 2 lower level reflex circuits that are contained with the thoracic cavity (ICNS and stellate/middle cervical/mediastinal ganglia) are “cardiocentric” and are primarily concerned with dynamic control of regional cardiac indices (22, 30, 48, 49). Our study shows that their efferent output is delineated by level of the hierarchy involved (10, 17, 36). ICNS-evoked responses to transient MI reflect cardiocentric control restricted primarily to the ischemic zone and results in the least degree of amplification of sympathoexcitation (49, 50). In contrast, intrathoracic-extracardiac (stellate/middle cervical ganglia–dependent) reflex responses to the ischemic stress involved coordination of adrenergic neurons that released NE throughout the left ventricle in reflex response to a focal ischemic stress (22, 41, 42).
Centrally mediated effects. Superimposed upon these intrathoracic (peripheral) reflexes are those mediated by the central nervous system. Centrally mediated reflexes are essential to controlling not only cardiac function but also blood flow demands throughout the entire body (37, 51, 52). In response to normal physiological stressors (e.g., orthostatic stress and dynamic exercise), changes in cardiovascular-related afferent inputs, along with somatoautonomic interactions, adjust cardiac output to meet whole-body blood flow demand (37, 51, 52). Conversely, pathophysiological stressors, such as acute MI, have the potential to disrupt such control, sometimes with lethal consequences (3, 4, 11, 51). Our data show the highest degree of amplification of sympathoexcitation is seen when the higher centers are engaged. Our findings also highlight the importance of measures such as sedation and general anesthesia for the management of ventricular arrhythmia storm (53).

Effect of MI. MI presents a novel, major stressor to the cardiac neuraxis (51). It is known that visceral sensory information is integrated at multiple levels within the central nervous system, including the spinal cord (10, 44, 54) and brainstem (36, 37, 43). From an integrated control perspective, afferent input (ischemia) elicits a differential response from the peripheral cardiocentric reflex loop (32, 50, 51) as compared with the response from central neural networks (9, 10, 34, 43). Specifically, our data show that the reflex response of the higher centers to sensory inputs from the ischemic myocardium is inherently proarrhythmic (amplification of sympathoexcitation); however, when the central sites are delinked, peripheral reflexes are less arrhythmogenic and are accompanied by a lower release of NE in the myocardium. It should be noted that there is still release within the ischemic zone, even after ICN decentralization. This could be “cardiocardiac reflex” mediated or could reflect the local effects of extracellular K+ following myocyte death.

Neuraxial modulation/clinical relevance. The results shown here are directly relevant to dorsal (high thoracic) SCS (55, 56) and decentralization of the intrathoracic aspects of the cardiac nervous system from the central nervous system (as seen with bilateral stellate ganglionectomy) (19–21). Previous data have demonstrated that SCS is effective in stabilizing reflex processing within extracardiac sympathetic ganglia (22) and the intrinsic cardiac ganglionated plexus (57), while reducing the apoptotic potential of ischemic stressed cardiomyocytes (24). Our results demonstrate that SCS blunted neuronal NE release into the LV interstitium with an associated reduced risk for SCD.

Classically, neuronal control of sympathetic outflows to the heart has been considered to be primarily under central neuronal command, with peripheral ganglia functioning solely as efferent neuronal relay stations (37, 58). Extrapolating from that conceptual framework, decentralization of the intrathoracic elements of the cardiac nervous system would be expected to abolish all MI-induced catecholamine release, except for local effects mediated directly on adrenergic efferent postganglionic nerve terminals located within the ischemic zone (42, 59). In contrast, our data show that following decentralization of intrathoracic reflex control from the influences of central neurons, effective coordination of local catecholamine release across the ventricle is maintained (Figure 4). In fact, the disparity in such
release between the risk zone and normally perfused tissues actually decreased. At the same time, such a reduction in NE dispersion conferred a mortality benefit (Figure 2). These results directly relate to the clinical setting of intractable ventricular tachycardia (VT), where stellate ganglia decentralization is effective in the management of VT storm (19–21).

**Limitations.** This study, being conducted in anesthetized animals, does not take into account the depressor effects of anesthetic agents on reflex regulation of cardiac NE release. However, general anesthesia does not fully inhibit centrally driven proarrhythmic events, as evidenced by the efficacy of thoracic epicardial anesthesia and stellate ganglionectomy in the clinical setting (20, 53). We did not directly record from intrathoracic extracardiac and intrinsic cardiac neurons concomitant with cardiac indices in this study. However, previous studies done by our group are consistent with the reduced adrenergic outflow noted in this study with SCS or decentralization (22, 31, 50, 57). Finally, transection of the vagus also removes afferent neural signals from the heart, which could have also regulated NE release and interrupted parasympathetic efferent projections to the heart, which mitigates the potential for peripheral sympathetic/parasympathetic interactions (60–64). Preconditioning effects could also play a role in these situations. To minimize this, we performed repeat occlusions in animals that did not have VF and responses were similar. For group 4, in the animals that experienced SCS+CAO first \( (n = 6) \), 5 survived the first transient ischemic insult, with 2 more of those animals experiencing VF in response to the second untreated CAO event. This 40% mortality (3 of 5) matches the overall mortality for the untreated group 1 (38% mortality). This argues against preconditioning being a major factor for group 4 (SCS).

**Conclusion.** This study indicates that regional ventricular ischemia activates central and intrathoracic reflexes (including those confined to the ICNS) that control cardiac sympathetic efferent postganglionic neurons, which release NE into the ventricular interstitium. As summarized in the Graphical Abstract, the magnitude of regional release in response to the afferent transduction of ventricular ischemia is augmented and amplified by afferents engaging the higher levels of the neuraxis (stellates, spinal cord, and the brain). Delinking the heart from each higher level of the neuraxis (by surgery or via bioelectronically) was protective against the transient stress of CAO. This is analogous to the electrical stability of the transplanted human heart (32, 65). These data provide a mechanistic basis to understand why procedures such as cardiac sympathectomy (19–21) and SCS (23) are effective in arrhythmia control.

**Methods**

**Model**

Thirty-four mongrel dogs (Hodgins Kennel) of either sex, weighing between 20 and 30 kg, were used in these studies.

**Surgical preparation**

Anesthesia was induced with sodium thiopental (6 mg/kg) and maintained with isofluorane (2%, inhalation therapy). A 5-Fr catheter transducer (Mikro-tip, Millar) was inserted into the LV chamber via the right femoral artery to measure LV pressure and LV +dp/dt. Aortic pressure was monitored via a 5-Fr catheter transducer placed via the left femoral artery. Heart rate was monitored via a lead II electrocardiogram. Heart rate was monitored via a lead II electrocardiogram. A bilateral thoracotomy (fourth interspace) was performed. For the subsequent induction of transient regional ventricular ischemia, after exposing the heart, a pericardial cradle was formed and silk ligatures were placed around the LAD coronary artery 1.5 cm from its origin (or the proximal circumflex coronary artery for the experiments on that territory). All hemodynamic data were digitized (Cambridge Electronic Design power 1401 acquisition system with Spike 2 software) for subsequent off-line analysis.

**Neuromodulation treatment groups**

*Surgical decentralization of the intrathoracic cardiac nervous system.* Four groups were used to evaluate the central-peripheral interactions in reflex control of LV-ISF NE levels in response to transient CAO, each targeting a different level of the cardiac neuraxes (Figure 1). Figure 1 summarizes the experimental design for selective neuraxial modulation/isolation. Group 1 \( (n = 11) \) had an intact cardiac neuraxis and served as the untreated control for the other groups. For group 2 \( (n = 6) \), all neural connections between the stellate ganglia and spinal cord were severed bilaterally and both cervical
vagosympathetic trunks transected. These surgical procedures decentralized neurons in stellate, middle
cervical, mediastinal, and intrinsic cardiac ganglia from the central nervous system (66). For group 3 (n
= 6 dogs), the stellate, middle cervical, and mediastinal ganglia were excised surgically bilaterally, along
with their entire intrathoracic extracardiac vagosympathetic complex (30). This procedure removed all
extracardiac neuronal connections (afferent and efferent) to the ICNS, leaving it as the sole neuronal
controller of cardiac indices (17, 30).

SCS. In group 4 (n = 11), following induction of anesthesia, using techniques described previously (22,
55), the epidural space was accessed via a Tuohy needle, and a 4-pole electrode (Octrode, Advanced Neuro-
modulation Systems) was advanced rostrally in the epidural space to the T1–T3 spinal cord level (Figure 1).
The tip of the lead was positioned under fluoroscopy with the multipole electrode placed midway between
the midline and epidural region overlying left dorsal funiculus. T1–T3 SCS was delivered at a frequency of 50 Hz,
a duration of 200 milliseconds, and a current intensity of 90% motor threshold (MT), with the rostral pole
as cathode. This level of stimulation corresponds to that used clinically to treat angina (55) and in both small
and large animals to modulate intrathoracic autonomic reflex processing (22, 57). Following SCS implant,
the animal was rotated to the decubitus position, the chest opened, and the animals were instrumented as detailed
above. SCS MT levels were verified prior to and following completion of experimental protocol.

Ventricular microdialysis
Regional ventricular ISF NE levels were quantified using the microdialysis technique (40–42). Six micro-
dialysis probes were placed into the LV wall. As illustrated in Figure 2, 2 probes were inserted into the
anterior wall region that was perfused by the LAD coronary artery (ischemic zone) and 2 were inserted
into the posterior-lateral LV wall. The remaining 2 probes were placed midway between the 2 other sets, a
region that represented the border zone.

In each group, regional ventricular ischemia was induced by a 15-minute period of LAD CAO. Repeat
occlusions were separated by at least 1 hour. In groups 2 and 3, surgical decentralization of intrathoracic
versus intrinsic cardiac neurons was completed at least 1 hour prior to placement of the microdialysis
probes. Dialysate was collected separately at baseline, during 3-minute intervals throughout CAO, and for
15 minutes following CAO. Concurrent changes in cardiovascular hemodynamic indices were recorded. In
group 4, at least 1 hour separated arterial occlusions. All NE levels were assessed while the animals were
still in sinus rhythm; we stopped collections that would have gone into the period of VF to avoid confound-
ing effects of increasing NE levels due to VF-induced sympathetic surge.

The treatment order (preemptive SCS+CAO vs. CAO) was randomized. In the SCS group, T1–T3 SCS
was delivered at 50 Hz, with a 200-millisecond duration and at a current intensity of 90% MT (0.79 ± 0.16
mA). SCS was initiated 15 minutes before CAO began and lasted for 36 minutes. SCS MT was checked
periodically and was found to not vary significantly from initial levels.

Biochemical analyses
Ventricular dialysate fluid collected from the 3 LV zones (normal, border, and ischemic tissues) was ana-
yzed for NE content during baseline and during each successive challenge. LV ISF NE concentrations were
determined using radioenzymatic assay, as we described previously (40, 67). Derived ISF levels for NE are
reflective of regional sympathetic efferent postganglionic neuronal release, local catecholamine reuptake,
and diffusion from measurement sites.

Statistical analyses
Data are presented as mean ± SEM. One-way ANOVA with post hoc comparison (Holm-Sidak method)
was used to compare hemodynamic and NE concentration data derived at baseline, LAD CAO,
and reperfusion. If data failed the normality test (Shapiro-Wilk), Kruskal-Wallis 1-way ANOVA on
ranks was used with post hoc comparison (Dunn's method). A P value of less than or equal to 0.05 was
considered significant.

Study approval
All experiments were performed in accordance with the guidelines for animal experimentation described in the
Guide for the Care and Use of Laboratory Animals (National Academy Press, 2011). The Institutional Animal Care
and Use Committee of East Tennessee State University approved these experiments.
Author contributions
JLA, RDF, JAA, and KS contributed to production and presentation of the data and approved the final version of the manuscript.

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Address correspondence to: Jeffrey L. Ardell or Kalyanam Shivkumar, UCLA Cardiac Arrhythmia Center, 100 Medical Plaza, Suite 660, UCLA Health System, Los Angeles, California 90095, USA. Phone: 310.825.0417; Email: jardell@mednet.ucla.edu (JLA). Phone: 310.206.6433; Email: kshivkumar@mednet.ucla.edu (KS).