It has been hypothesized that IL-1α is released from damaged cardiomyocytes following myocardial infarction (MI) and activates cardiac fibroblasts via its receptor (IL-1R1) to drive the early stages of cardiac remodeling. This study aimed to definitively test this hypothesis using cell type–specific IL-1α and IL-1R1–KO mouse models. A floxed Il1a mouse was created and used to generate a cardiomyocyte-specific IL-1α–KO (MIL1AKO) mouse line. A tamoxifen-inducible fibroblast-specific IL-1R1 hemizygous KO (FIL1R1KO) mouse line was also generated. Mice underwent experimental MI (permanent left anterior descending coronary artery ligation), and cardiac function was determined 4 weeks later by conductance pressure-volume catheter analysis. Molecular markers of remodeling were evaluated at various time points by real-time RT-PCR and histology. MIL1AKO mice showed no difference in cardiac function or molecular markers of remodeling after MI compared with littermate controls. In contrast, FIL1R1KO mice showed improved cardiac function and reduced remodeling markers after MI compared with littermate controls. In conclusion, these data highlight a key role for the IL-1R1/cardiac fibroblast signaling axis in regulating remodeling after MI and provide support for the continued development of anti–IL-1 therapies for improving cardiac function after MI. Cardiomyocyte-derived IL-1α was not an important contributor to remodeling after MI in this model.

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Fibroblast-specific deletion of IL-1 receptor-1 reduces adverse cardiac remodeling following myocardial infarction

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Introduction

Although widely recognized as key regulators of extracellular matrix (ECM) turnover, cardiac fibroblasts also have wide-reaching functions that are fundamental to the overall physiology and pathophysiology of the heart, including sensing tissue damage and contributing to cardiac inflammation (1, 2). Cardiac fibroblasts are particularly responsive to the proinflammatory cytokine IL-1 (3), whose levels are increased with many cardiovascular pathologies, including myocardial infarction (MI), cardiomyopathy, myocarditis, and hypertension (4, 5). In response to IL-1 stimulation, cardiac fibroblasts secrete an array of proinflammatory cytokines and chemokines, and enhance ECM turnover through increased secretion of matrix metalloproteinases (MMPs), decreased collagen synthesis, and decreased expression of profibrotic cytokines (3). Thus, fibroblasts can contribute to the inflammatory milieu that occurs in the myocardium early post-MI, and the IL-1/cardiac fibroblast signaling axis is a potentially important mediator of cardiac remodeling post-MI (2, 3). Furthermore, there is growing evidence to suggest that IL-1 blockade is a viable therapeutic strategy for treating cardiovascular disease (6–8).

It has been hypothesized that IL-1α is released from damaged cardiomyocytes following myocardial infarction (MI) and activates cardiac fibroblasts via its receptor (IL-1R1) to drive the early stages of cardiac remodeling. This study aimed to definitively test this hypothesis using cell type–specific IL-1α and IL-1R1–KO mouse models. A floxed Il1a mouse was created and used to generate a cardiomyocyte-specific IL-1α–KO (MIL1AKO) mouse line. A tamoxifen-inducible fibroblast-specific IL-1R1 hemizygous KO (FIL1R1KO) mouse line was also generated. Mice underwent experimental MI (permanent left anterior descending coronary artery ligation), and cardiac function was determined 4 weeks later by conductance pressure-volume catheter analysis. Molecular markers of remodeling were evaluated at various time points by real-time RT-PCR and histology. MIL1AKO mice showed no difference in cardiac function or molecular markers of remodeling after MI compared with littermate controls. In contrast, FIL1R1KO mice showed improved cardiac function and reduced remodeling markers after MI compared with littermate controls. In conclusion, these data highlight a key role for the IL-1R1/cardiac fibroblast signaling axis in regulating remodeling after MI and provide support for the continued development of anti–IL-1 therapies for improving cardiac function after MI. Cardiomyocyte-derived IL-1α was not an important contributor to remodeling after MI in this model.
be a key trigger for inflammation in the liver (9). Importantly, it has also been proposed that IL-1α release from necrotic cardiomyocytes acts in a similar manner, triggering the early inflammatory response post-MI (10). This key role for IL-1α in inflammation post-MI has been supported by a recent murine study in which an IL-1α-specific blocking antibody reduced myocardial injury and improved cardiac function after experimental MI (11). In contrast to IL-1α, IL-1β is inactive until it undergoes inflammasome-mediated proteolytic processing prior to nonclassical secretion from cells in response to specific stimuli (12). In mice, cardiomyocytes express both IL-1α and IL-1β, whereas cardiac fibroblasts express IL-1β but not IL-1α (10).

Irrespective of their differences in expression, synthesis, activation, and secretion, the biological effects of both IL-1α and IL-1β are mediated through the same receptor, IL-1 receptor-1 (IL-1R1). Ligand binding to IL-1R1 stimulates its association with the IL-1 receptor accessory protein (IL-1RacP), which in turn recruits the MyD88 and IRAK4 signaling proteins to form a stable tetrameric signaling module in which all components are essential (13). The downstream functional effects of IL-1 are mediated primarily via the MAP kinase (ERK, p38, JNK) and NF-κB signaling pathways, which are stimulated following recruitment of further adaptor proteins and kinases to the core IL-1R1 signaling module (3, 13).

Studies of IL-1R1 global KO mice have revealed a critical role for IL-1R1 in mediating cardiac myofibroblast accumulation, MMP expression, and fibrotic remodeling of the infarcted heart (14–16). The beneficial effects observed in IL-1R1–KO mice were largely the result of suppressed inflammation; however, direct effects on cardiac fibroblasts were also suggested (14). Nevertheless, the global nature of these IL-1R1–KO models makes it difficult to evaluate the precise contribution of IL-1 signaling in cardiac fibroblasts.

Taken together, these in vivo and in vitro studies suggest that interplay between IL-1α (released from damaged cardiomyocytes) and IL-1R1 activation (on cardiac fibroblasts) is critical in the early myocardial remodeling process post-MI. However, to date no studies to our knowledge have sought to directly evaluate the importance of these interactions in vivo in a cell-specific context. The aim of this study was to use cell type–specific KO mouse models to investigate the role of cardiomyocyte IL-1α and fibroblast IL-1R1 in regulating cardiac remodeling post-MI.

**Results**

**Cardiomyocyte-specific IL-1α KO does not affect cardiac function or remodeling after experimental MI.** A cardiomyocyte-specific IL-1α–KO mouse model was generated to evaluate the contribution of cardiomyocyte-derived IL-1α to cardiac remodeling post-MI. Firstly, a floxed *Il1a* mouse was created in which exon 4 of the *Il1a* gene was modified to be flanked by loxP sites (Figure 1A and Supplemental Figure 1A; supplemental material available online with this article; https://doi.org/10.1172/jci.insight.125074DS1). Floxed *Il1a* mice were then bred with mice expressing Cre recombinase under control of the cardiomyocyte-specific *Myh6* promoter to produce Cre-positive cardiomyocyte-specific IL-1α–KO (MIL1AKO) mice and control Cre-negative floxed littermates (Supplemental Figure 1B). Deletion PCR confirmed that Cre-positive MIL1AKO mice had the expected deletion within exon 4 of the *Il1a* gene and that this was only apparent in heart tissue (Figure 1B). Mean *Il1a* mRNA expression levels in whole heart samples from control mice were relatively low and were further reduced in hearts from MIL1AKO mice (Figure 1D), reflecting *Il1a* gene deletion in the cardiomyocyte population of the heart. Baseline cardiac characteristics in control (Cre-negative *Il1a*Δ/Δ) and MIL1AKO (Cre-positive *Il1a*Δ/Δ) mice were assessed by pressure-volume (P-V) conductance catheter analysis and showed no difference between groups (Supplemental Figure 2A). Basal expression levels of remodeling genes (collagens and hypertrophy markers) were also similar for the 2 lines (Supplemental Figure 2B). Thus, Cre-induced deletion of IL-1α in cardiomyocytes had no effect on the baseline cardiac phenotype of the animals.

To determine the effect of cardiomyocyte-specific IL-1α KO on post-MI function and remodeling, we used a permanent left anterior descending (LAD) coronary artery ligation model of experimental MI. Male Cre-negative (control) and Cre-positive (MIL1AKO) littermates underwent LAD ligation at 10–12 weeks of age (Figure 1C), and cardiac physiological measurements were obtained 4 weeks later by P-V conductance catheter analysis (Figure 1E). MI scarring was clearly visible in hearts obtained from animals that had undergone LAD ligation (Figure 2A).

As expected, control mice displayed overt cardiac dysfunction 4 weeks post-MI, as evidenced by reduced ejection fraction (EF), increased end-systolic volume (ESV), and increased end-diastolic volume (EDV) compared with sham animals (Figure 1E), with other parameters being unaffected (Supplemental Table 1). Importantly, no difference in post-MI cardiac function was observed between control mice and...
MIL1AKO mice (Figure 1E and Supplemental Table 1), indicating that cardiomyocyte-derived IL-1α per se was not an important contributor to cardiac dysfunction post-MI.

Assessment of gene expression in the infract region 3 days post-MI by real-time quantitative reverse-transcription PCR (qRT-PCR) revealed increases in mRNA levels of inflammatory genes (Il1b, Tnfa, Il6) and ECM regulatory genes (Mmp3, Mmp9, Tnc, Postn, Colla1, Col3a1) and reduced mRNA for the myofibroblast differentiation marker Acta2 in MI hearts compared with sham hearts (Figure 1F). Importantly, there was no difference in expression levels of these genes between control and MIL1AKO mice post-MI (Figure 1F). Histological analysis of hearts 4 weeks post-MI revealed no obvious differences between control and MIL1AKO mice, with both showing thinning of the LV free wall in the infarct area and scar tissue marked by ECM deposition (Figure 2B), in agreement with the functional and mRNA expression data.

Characterization of fibroblast-specific IL-1R1–KO mouse model. Having ruled out a role for cardiomyocyte-derived IL-1α in modulating cardiac remodeling post-MI, we proceeded to investigate the specific role of the IL-1 receptor (IL-1R1) expressed by cardiac fibroblasts. Col1a2-CreERT(T) mice have previously been used to induce Cre-lox-mediated deletion of genes specifically in fibroblasts (17), including those in the heart (18–20), without affecting cardiomyocytes, endothelial cells, smooth muscle cells, progenitor cells, pericytes, or macrophages. We first developed a Col1a2-Cre-Illr1fl/fl mouse line (see Supplemental Figure 3A for breeding strategy) to explore the effects of fibroblast-specific IL1R1 deletion on cardiac remodeling. However, this method was ineffective at reducing IL1R1 expression or activation in cardiac fibroblasts (data not shown), despite our previous success with this approach for deleting other genes (20). To overcome this problem, we adopted a modified strategy to generate a hemizygous mouse line (with global deletion of one Il1r1 allele in which the remaining allele was floxed. This approach is particularly useful for targeting genes whose heterozygous (+/−) KO does not cause a phenotype, as it maximizes the effect of inducible KO of the remaining allele (21).

Therefore, we first generated global IL-1R1+/− heterozygous mice and IL-1R1+/− KO mice (see Supplemental Figure 3B for breeding strategy) to investigate the phenotypic effect of monoallelic and biallelic deletion of Illr1. As expected, primary cultures of cardiac fibroblasts from heterozygous animals exhibited a 50% reduction in Illr1 mRNA levels compared with wild-type mice, with no detectable expression in those from IL-1R1–KO mice (Figure 3A). The functional effect of fibroblast IL1R1 KO was evaluated in cultured cardiac fibroblasts by measuring IL-1α responses, specifically kinase signaling pathways, gene expression, and protein secretion. IL-1α stimulated the p38 and NF-κB signaling pathways (Figure 3B) and increased Il6, Mmp3, and Mmp9 mRNA expression (Figure 3C) and IL-6 and MMP-3 protein secretion (Figure 3D) to a similar extent in fibroblasts from wild-type and heterozygous mice, despite the latter expressing only half the amount of IL-1R1. Cardiac fibroblasts from IL-1R1–KO mice did not respond to IL-1α stimulation (Figure 3, B–D), confirming full loss of the receptor. Responses to TNF-α, a proinflammatory cytokine that activates similar signaling pathways and gene expression profiles to IL-1α but via a different receptor, were unaffected in cardiac fibroblasts from IL-1R1–KO mice (Figure 3, B and E). Together, these data establish that full biallelic deletion of Illr1 is necessary to disrupt IL-1 responses in cardiac fibroblasts and that monoallelic deletion is ineffective.

We next generated hemizygous mice in which one Illr1 allele was floxed and the other was deleted (Illr1−/−). These animals were crossed with heterozygous mice that expressed tamoxifen-inducible Cre

Figure 1. Creation, characterization, and functional assessment of cardiomyocyte-specific IL-1α–KO mouse line (MIL1AKO). (A) Generation of floxed Il1α (exon 4) mice (Il1αfl/fl). Genetic targeting shows exon 4 flanked by loxP sites, positioned upstream of a lacZ/Neo resistance cassette, which is excised upon Flp recombination, resulting in the generation of Illr1fl/fl allele. Cre recombinase leads to exon 4 deletion, generating IL-1 KO mice. (B) Genotyping showing exon 4 deletion of Illr gene, with size markers (bp) to the left. Top: PCR analysis for Illr exon 4 deletion (456 bp) in cardiac tissue from Cre-negative Illrfl/fl and Myh6-Cre–positive Illrfl/fl (MIL1AKO) mice. Bottom: PCR analysis for exon 4 deletion (456 bp) in various tissues in Cre-positive MIL1AKO mice, confirming cardiac-specific deletion. See Supplemental Table 3 for primer details. (C) Timeline showing experimental myocardial infarction (MI) induction by ligation of the left anterior descending (LAD) coronary artery and time points for collection of RNA, histology, and measurement of cardiac function by pressure-volume (P-V) conductance catheter. (D) qRT-PCR analysis of basal mRNA expression in hearts from control (Ctrl; Cre-negative Illrfl/fl) and MIL1AKO (MKO; Myh6-Cre–positive Illrfl/fl) mice. *P < 0.05 for effect of KO (unpaired t test, n = 4). (E) P-V conductance catheter data. Sham, mixed genotypes (n = 19); MI Ctrl, Cre-negative Illrfl/fl after MI (n = 19); MI MKO, Myh6-Cre–positive Illrfl/fl (MIL1AKO) after MI (n = 17). *P < 0.05; **P < 0.01; ***P < 0.001; NS, not significant between the 2 MI groups (1-way ANOVA with Tukey post hoc). (F) qRT-PCR data showing relative mRNA levels of remodeling genes Il1b, Tnfa, Il6, Mmp3, Mmp9, tenascin C (Tnc), α-smooth muscle actin (Acta2), peroxin-1 (Postn), and collagen Iα1 (Colla1), and collagen Iα1 (Col3a1). Sham, mixed genotypes (n = 7); MI Ctrl, Cre-negative Illrfl/fl after MI (n = 5); MI MKO, Myh6-Cre–positive Illrfl/fl (MIL1AKO) after MI (n = 5). *P < 0.05; **P < 0.01; ***P < 0.001 versus sham; NS, not significant between MI groups (1-way ANOVA with Tukey post hoc).
recombinase [CreER(T)] under the control of the fibroblast-specific Col1a2 promoter (Figure 4A) to generate Col1a2-CreER(T)-Il1r1fl/– mice, a line we named FIL1R1KO (see Supplemental Figure 3C for breeding strategy). Example genotyping results are shown in Supplemental Figure 4. Mice were injected with tamoxifen at 12 days of age to induce Cre-loxP–mediated deletion, and hearts isolated after a further 4–8 weeks for analysis. The efficiency of fibroblast-specific deletion of IL-1R1 was confirmed in primary cultures of cardiac fibroblasts by qRT-PCR. Cells from FIL1R1KO mice had a mean 75% reduction in basal Il1r1 mRNA levels compared with cells from Cre-negative Il1r1fl/– littermate control mice (Figure 4B), indicating that full biallelic deletion of Il1r1 had occurred in response to tamoxifen in approximately 75% of cardiac fibroblasts. The functional effect of IL-1R1 deletion was evidenced by a marked reduction in the activation of the p38 and NF-κB signaling pathways in response to IL-1α, without affecting TNF-α–induced signaling (Figure 4C). Moreover, mean IL-1α–induced Il6, Mmp3, and Mmp9 mRNA expression was reduced by 65%–75% in fibroblasts cultured from FIL1R1KO hearts compared with cells from control littermate hearts (Figure 4D), in close agreement with the extent of IL1R1 knockdown (Figure 4B). Similar changes were noted for protein secretion; for example, mean IL-1α–induced IL-6 secretion was reduced by >50% in cardiac fibroblasts from FIL1R1KO mice (Figure 4E).

**Fibroblast-specific IL-1R1 KO improves cardiac remodeling after experimental MI.** Having confirmed functional and sustained knockdown of IL-1R1 in cardiac fibroblasts isolated from tamoxifen-treated FIL1R1KO mice, we next investigated the in vivo effect of fibroblast-selective IL-1R1 deletion on cardiac function after experimental MI (Figure 5A). Male Cre-negative (control) and Cre-positive (FIL1R1KO) littermates were injected with tamoxifen at 12 days of age for 5 consecutive days and underwent permanent LAD coronary artery ligation surgery at 10–12 weeks of age. Sham control animals (pooled Cre-negative and Cre-positive) were not injected with tamoxifen. There were no differences in baseline cardiac characteristics between Cre-positive and Cre-negative mice (Supplemental Figure 5). Physiological measurements were obtained 4 weeks after LAD ligation by P-V catheter analysis, before hearts were analyzed for histological and molecular markers of remodeling. P-V analysis (Figure 5B and Supplemental Table 2) revealed significantly reduced EF in control mice 4 weeks post-MI compared with sham (48% versus 61% respectively; \( P = 0.02 \)), but, importantly, EF was only partially reduced to 56% in FIL1R1KO mice post-MI and was not significantly different than that of sham controls. dPdtmax (an indicator of contractility) was also significantly decreased in control MI mice compared with sham animals but was less affected in FIL1R1KO mice; the difference in dPdtmax between post-MI FIL1R1KO and sham animals was not significant. Similar, nonsignificant trends were observed with ESV and EDV (Figure 5B and Supplemental Table 2). End-systolic pressures were significantly reduced in MI mice of both genotypes compared with sham animals, whereas other cardiac parameters and arterial blood pressure were not significantly different between the 3 groups (Supplemental Table 2).

The impact of fibroblast-selective IL-1R1 deletion on specific molecular markers of cardiac remodeling was assessed by qRT-PCR of whole ventricle mRNA samples taken from hearts used for P-V analysis (i.e., 4 weeks after LAD ligation). Nine genes were studied that included markers of ECM synthesis (Col1a1, Col3a1), ECM degradation (Mmp3, Mmp9), myofibroblast activation (Acta2), mechanical activation (Tnc, Il6), and cardiomyocyte hypertrophy (Myh7, Nppa). Significant increases
in Col1a1 (1.7-fold increase; P < 0.05), Col3a1 (3.2-fold; P < 0.001), Mmp3 (2.5-fold; P < 0.01), and Tnc (2.1-fold; P < 0.01) mRNA levels were observed in control hearts after MI compared with sham hearts (Figure 5C). By comparison, the expression levels of 4 of these genes was markedly less in hearts after MI from FIL1R1KO mice [Col1a1 (1.3-fold increase), Col3a1 (1.8-fold; P < 0.05 versus control MI), Mmp3 (1.7-fold), Tnc (1.3-fold)] and, with the exception of Col3a1, were not significantly different from sham levels (Figure 5C).

Histological staining was performed on hearts 5 days (Figure 6) or 6 weeks (Figure 7) after MI. In control mice, granulation tissue was evidenced after 5 days by inflammatory cell infiltration (Figure 6, H&E) and marked tenascin C expression was also observed (Figure 6), with a small amount of collagen expression (Figure 6, MVG). After 6 weeks, control mice had evidence of ventricular wall thinning (Figure 7) and more collagen deposition (Figure 7, MVG), with very little tenascin C expression (Figure 7). All these changes were more pronounced in control mice compared with FIL1R1KO mice (Figures 6 and 7).
Discussion

We used two potentially novel cell-specific KO mouse models to investigate the role of cardiomyocyte-derived IL-1α and the cardiac fibroblast IL-1 receptor, IL-1R1, in remodeling of the heart after MI. The principal conclusion of our study was that fibroblast-specific deletion of IL-1R1 was cardioprotective following MI, whereas cardiomyocyte-specific deletion of IL-1α had no effect. Our data with FIL1R1KO mice suggest that fibroblast IL-1R1 signaling is a significant driver of detrimental cardiac remodeling after MI. In vitro studies have revealed that cardiac fibroblasts adopt a proinflammatory, proangiogenic, promigratory, ECM-degrading, nondifferentiated phenotype in response to IL-1 (3). Our in vivo observations suggest that these acute effects of IL-1 on cardiac fibroblasts early after MI contribute to longer-term adverse cardiac remodeling that is detrimental to cardiac function. These data support ongoing strategies aimed at inhibiting IL-1 or its receptor to improve cardiac function after MI (6–8).
Figure 5. Effect of fibroblast-specific IL-1R1 deletion on cardiac function and remodeling genes 4 weeks after MI. (A) Experimental timeline showing timing of tamoxifen injection and experimental myocardial infarction (MI) induced by ligation of the left anterior descending (LAD) coronary artery, as well as the timing for histology, collection of RNA, and measurement of cardiac function by pressure-volume (P-V) conductance catheter. (B) P-V conductance catheter data. Sham, mixed genotypes, no tamoxifen treatment (n = 18); MI Ctrl, tamoxifen-treated Cre-negative Il1r1fl/fl after MI (n = 11); MI FKO, tamoxifen-treated Cre-positive Il1r1fl/fl (FIL1R1KO; fibroblast-specific IL-1 receptor 1 KO) after MI (n = 11). *P < 0.05 versus sham. (C) qRT-PCR data showing relative mRNA levels of remodeling genes collagen Iα1 (Col1a1), collagen IIIα1 (Col3a1), Mmp3, Mmp9, α-smooth muscle actin (Acta2), tenasin C (Tnc), Il6, β-myosin heavy chain (Myh7), and atrial natriuretic factor (Nppa). Sham, mixed genotypes, no tamoxifen treatment (n = 8); MI Ctrl, tamoxifen-treated Cre-negative mice after MI (n = 8); MI FKO, tamoxifen-treated FIL1R1KO mice after MI (n = 8). *P < 0.05; **P < 0.01; ***P < 0.001 versus sham; *P < 0.05 versus MI Ctrl (1-way ANOVA with Tukey post hoc).
Role of IL-1α. Cardiomyocyte-specific overexpression of human IL-1α induces cardiac hypertrophy in mice (22). Moreover, it has been proposed by Lugrin and colleagues that cardiomyocyte-derived IL-1α is important for stimulating the early inflammatory response after MI (10). On the contrary, we observed no difference in cardiac function or expression of remodeling genes after MI in a cardiomyocyte-specific IL-1α–KO mouse (MIL1AKO) compared with control mice, suggesting that cardiomyocyte-derived IL-1α is not an essential player in this process.

It is worth noting several differences between our study and that of Lugrin et al. (10). First, we used a cardiomyocyte-specific IL-1α–KO mouse, whereas their study used global IL-1α–KO mice, so it is possible that the effects that were observed therein were due to IL-1α deletion in non-myocyte cells (e.g., endothelial cells, fibroblasts, inflammatory cells), which together account for 70% of cells in the murine heart (23). Second, the experimental MI model used in Lugrin’s study (10) was an ischemia/reperfusion model of MI, as opposed to the permanent LAD ligation model we used. Although the ischemia/reperfusion model more closely resembles the clinical scenario where most patients undergo revascularization, the permanent occlusion model is particularly useful for understanding direct mechanisms without the confounding element of reperfusion. We chose the permanent occlusion model based on previous studies showing that interference of IL-1 signaling had favorable effects in both nonreperfusion (16) and reperfusion models (10, 14). Finally, Lugrin et al. (10) did not evaluate longer-term functional endpoints, with all measurements being taken immediately after the reperfusion period (2 hours). The increase in IL-6, one of the markers studied, was reduced in global IL-1α–KO mice after the 2-hour reperfusion period (10). In contrast, in our study, Il6 mRNA levels remained significantly elevated 3 days after permanent LAD occlusion and were not affected by cardiomyocyte-specific IL-1 deletion, indicating that there was no long-term effect on inflammation.

Our results do not preclude an important role for IL-1α per se, and, indeed, there is recent evidence that cardiac IL-1α is important in cardiac remodeling after MI, as administration of an IL-1α–neutralizing antibody reduced infarct size and preserved LV systolic function in an ischemia/reperfusion model of MI (11). Although we observed that basal cardiac Il1a mRNA levels were very low, and were further reduced in MIL1AKO mice, IL-1α release could still occur in our model in nonmyocyte cells, including endothelial cells, fibroblasts, and macrophages, all of which may contribute to cardiac IL-1α levels after MI.

Role of IL-1β. Although our study did not directly investigate the contribution of IL-1β to remodeling after MI, our data with the F1L1R1KO mouse may indicate a role for IL-1β acting on fibroblast IL-1R1. Indeed, such a role is supported by mouse and rat studies in which anti–IL-1β–neutralizing antibodies administered after MI improve cardiac function and limit adverse remodeling (24, 25). IL-1β is produced by multiple cardiac cell types (26) and can directly promote adverse cardiac remodeling (4).

Clinical relevance. Therapeutic IL-1 blockade has now been evaluated in several cardiovascular clinical trials (reviewed in refs. 6–8). Initially, a number of small-scale trials investigated the effect of anakinra,
a recombinant form of the IL-1 receptor antagonist, on inflammation and cardiac remodeling in stable-STEMI and non-STEMI patients (27, 28) and reported that IL-1 inhibition reduced inflammation after MI but had little effect on cardiac function in the longer term. This may relate to the relatively mild inflammatory phenotype in these patient cohorts compared with general STEMI patients, in whom IL-1 blockade was more effective (29).

A more recent anakinra trial (D-HART2) reported that IL-1 blockade did not improve cardiorespiratory fitness in obese HF patients with preserved EF, although markers of systemic inflammation and myocardial strain were reduced (30). In comparison to general IL-1 blockade with anakinra, the recent CANTOS trial used an IL-1β-specific neutralizing antibody (canakinumab) and reported a reduction in cardiovascular events independent of lipid levels (31), with a suggestion that the cardioprotective effects extended beyond new atherothrombotic events. Thus, there is gathering momentum for the use of targeted anti–IL-1 therapies for improving outcome after MI, at least in some patient populations.

Study limitations. Although our study provided evidence for a role of fibroblast IL-1R1 in driving adverse cardiac remodeling, it remains unclear whether IL-1α or IL-1β (or both) is the most important stimulus. Our results with MIL1AKO mice ruled out a role for cardiomyocyte-derived IL-1α, but other cellular sources of IL-1α were not explored. Future studies investigating selective IL-1α KO in other cardiac cell types (fibroblasts, endothelial cells, macrophages) will be required to explore this further. Similarly, global or cell-specific IL-1β KO mice would be helpful in determining the precise role of IL-1β in this setting. We used a permanent LAD ligation model of MI; investigations with an ischemia/reperfusion model of MI would be important to confirm our data in a more clinically appropriate model. We did not evaluate the area at risk in our MI models, although this might have been useful to understand the underlying mechanisms for cardioprotection in FIL1R1KO mice. Although we studied specific features of remodeling by quantifying expression levels of specific genes, and provided representative histological images, a more in-depth quantitative analysis of inflammation and fibrosis using supportive methodologies (e.g., flow cytometry and hydroxyproline incorporation, respectively) would have strengthened our conclusions. Prolonged cardiomyocyte-specific Cre expression has been reported to result in modest cardiac dysfunction, fibrosis, and hypertrophy in 6-month-old Myh6-Cre mice (32) but not in 3-month-old mice (32, 33). The MIL1AKO mice used in the current study were 10–12 weeks of age at the time of surgery, and, although not directly addressed in our study, it is therefore unlikely that age-dependent Cre cardiotoxicity influenced the data.

Conclusion. Our data highlight the importance of the IL-1/cardiac fibroblast signaling axis in regulating remodeling after MI and provide support for the continued development of anti–IL-1 therapies for improving cardiac function after MI.
Methods

Animal welfare
Mice were maintained in individually ventilated cages at 21°C, 50%–70% humidity, and 12/12-hour-light/dark cycle, with Pure-o’Cel paper bedding (Datesand) and ad libitum access to water and RM1 diet (Special Diets Services).

Mouse models
Floxed mice. Floxed Il1a (exon 4) mice were created as follows. Il1a<sup>tm1a(EUCOMM)Wtsi</sup> embryonic stem cells (34) were purchased from the European Mouse Mutant Cell Repository. Cells from clone EPD0822-4-H02 were prepared for microinjection according to a previously published protocol (35) with minor modifications. Briefly, cells were cultured in KO-DMEM plus KOSR medium plus 2i (MEK inhibitor and GSK3 inhibitor) on a gelatin-coated (0.1% gelatin in phosphate-buffered saline) cell culture dish maintained under standard culture conditions (37°C, 5% CO<sub>2</sub>, humidified). Culture medium was changed daily, and cells were passaged when 75%–80% confluent using accutase (Sigma-Aldrich) to dissociate them. Cells were passaged no more than 3 times and were transferred to media without 2i reagents for 24 hours before microinjection. Cells were then microinjected into 4–8 cell B6N-Tyr<sup>cre<sup>+</sup></sup>/BrdCrCrl embryos. Surviving embryos were surgically implanted into the oviduct of day 0.5 postcoitum pseudopregnant mice. Resulting black/white C57BL/6N chimeras were backcrossed onto C57BL/6N wild-type mice to assess germline penetrance. Potential founder mice were screened by PCR for LacZ, Neo, and LoxP sites. This line was further crossed with C57BL/6N-Tg(CAG-Flpo)1Afst/Mmucd mice from the Mutant Mouse Resource & Research Centers. The FLP recombinase expression provided by this line resulted in a “conditional ready” (i.e., floxed) Il1a<sup>tm1c(EUCOMM)Wtsi</sup> allele, in which exon 4 is flanked by loxP sites. Floxed Il1r<sup>1</sup> (exon 5) mice have been described previously (36) and were provided in-house.

Cre-expressing mice. Cardiomyocyte-specific Myh6-Cre mice (stock no. 011038) and PGK-Cre global deleter mice (stock no. 020811) were obtained from The Jackson Laboratory. Fibroblast-specific tamoxifen-inducible Col1a2-Cre-ER(T) mice have been well characterized (17, 37) and were provided in-house.

Breeding of cardiomyocyte-specific and fibroblast-specific KO mice. The breeding strategy to obtain cardiomyocyte-specific IL-1α–KO mice (Supplemental Figure 1B) involved crossing homozygous Il1a<sup>fl/fl</sup> mice with heterozygous Myh6<sup>-cre</sup>-Il1a<sup>fl/fl</sup> mice. When these were backcrossed with Il1a<sup>fl/fl</sup> mice, Cre-positive cardiomyocyte-specific IL-1α–KO mice (MIL1AKO mice) and Cre-negative floxed littermates (control) were produced. For investigating IL-1R1 in cardiac fibroblasts, a tamoxifen-inducible fibroblast-specific IL-1R1–KO mouse line [Col1a2-CreER(T)-Il1r<sup>fl/–</sup>] was initially established on a C57BL/6 background by crossing Col1a2-CreER(T) mice with Il1r<sup>fl/–</sup> mice (Supplemental Figure 3A). Global IL-1R1–KO mice were subsequently established by crossing female PGK-Cre mice with male Il1r<sup>fl/–</sup> mice on a C57BL/6 background (Supplemental Figure 3B). Finally, a tamoxifen-inducible fibroblast-specific IL-1R1 hemizygous KO mouse line (FIL1R1KO) [Col1a2-CreER(T)-Il1r<sup>fl/–</sup>] was established by crossing heterozygous Col1a2-Cre-ER(T) mice with Il1r<sup>fl/–</sup> mice on a C57BL/6 background (Supplemental Figure 3C).

Tamoxifen-inducible Cre activation
For the fibroblast-targeted studies, control (Cre-negative Il1r<sup>fl/–</sup>) and FIL1R1KO mice were injected with tamoxifen dissolved in corn oil (100 mg/kg/d i.p. for 5 consecutive days) at 12 days of age to induce CreER(T) activity and facilitate Cre/loxP-mediated deletion in Cre-positive fibroblasts.

Genotyping PCR
For routine genotyping, DNA was extracted from lysed ear notch/tissue samples using tail lysis buffer supplemented with proteinase K as described previously (20), and endpoint PCR was performed with specific primer pairs (Supplemental Table 3) before resolution by agarose gel electrophoresis (Figure 1B, Supplemental Figure 1A, and Supplemental Figure 4). Routine genotyping was subsequently outsourced to Transnetyx for automated analysis.

Endpoint PCR was also used to confirm cardiomyocyte-specific deletion of Il1a exon 4 in whole heart tissue and fibroblast-specific deletion of Il1r<sup>1</sup> exon 5 in cultured cardiac fibroblasts using specific primer sets (Supplemental Table 3).
Experimental MI model
A permanent LAD coronary artery ligation model of experimental MI was performed on 5% isoflurane-anesthetized male mice (10–12 weeks of age), as we described previously (38). Following intubation, mice were ventilated at a tidal volume of 140 μl and a respiratory rate of 120/minute with 1.5% isoflurane and 100% oxygen. The LAD was ligated at the edge of the left atrium using 8-0 prolene suture, and occlusion was confirmed by observing the pallor of the anterior LV wall.

For cardiomyocyte-targeted mice, LAD ligation was performed on Cre-positive (MILIAKO) and Cre-negative (control) littermates. For fibroblast-targeted mice, LAD ligation was performed on Cre-positive (FIL1R1KO) and Cre-negative (control) littermates that had been injected with tamoxifen at 12 days of age. Sham-operated animals (no tamoxifen treatment) underwent a similar surgical procedure without tying the ligature. In order to keep the number of animals used to a minimum, sham data were combined from the 2 different genotypes (Cre-positive and Cre-negative), which showed no differences in baseline phenotype.

Measurement of cardiac function
Physiological measurements of cardiac function were obtained by Millar conductance P-V catheter analysis, as we have described in full previously (20, 39). The investigator performing the P-V measurements was blinded to the genotype of the animals.

Histology
Hearts were extracted at various time points and fixed in 4% paraformaldehyde before paraffin wax embedding. Tissue sections (5 μm) were stained as we described previously with Miller’s elastic van Gieson (MVG) stain (40) or with antibodies for tenascin-C (Santa Cruz Biotechnology, sc-8694) (38). Composite tiled images were prepared from individual photomicrographs so that cross-sections through the whole heart could be observed.

Real-time qRT-PCR
RNA was purified from cells or snap-frozen heart tissue, and cDNA synthesis was performed as described previously (20). Real-time qRT-PCR was undertaken using an ABI-7500 System with specific TaqMan primer/probe sets (Applied Biosystems) for detecting Acta2 (Mm00725412_s1), Col1a1 (Mm00801666_g1), Col3a1 (Mm01254476_m1), Gapdh (Mm99999915_g1), Il1a (Mm99999060_m1), Il1b (Mm00434228_m1), Il1r1 (Mm01226961), Irb (Mm00446190_m1), Mmp3 (Mm00440295_m1), Mmp9 (Mm00442991_m1), Myh7 (Mm00600555_m1), Nppa (Mm01255747_g1), Postn (Mm01284919_m1), Tnc (Mm00495662_m1), and Tfα (Mm00443258_m1). Data are expressed relative to Gapdh mRNA expression using the 2^ΔΔCT method.

Cardiac fibroblast culture
Cardiac fibroblasts were cultured from mouse hearts by a collagenase digestion method, as we described previously (20, 41). Experiments were performed in serum-free medium using early passage (P0 or P1) cells.

Immunoblotting
Immunoblotting was performed as described previously (42) using Cell Signaling Technology antibodies for phospho-p38 (product 9211) and IκB-α expression (product 9242). β-Actin expression (loading control) was detected with anti-β actin antibody (Abcam, ab8226). Horseradish peroxidase–conjugated secondary antibodies and enhanced chemiluminescence detection reagent were from GE Healthcare. Blots were imaged using the G:BOX gel doc system (Syngene), and band intensities were quantified using GeneTools software (Syngene) (Figure 1B, Supplemental Figure 1A, and Supplemental Figure 4).

Statistics
Statistical analyses were conducted using GraphPad Prism 7.01 Software. Unless stated otherwise, data are mean ± SEM. Box-and-whisker plots illustrate median, 25th/75th percentiles, and minimum/maximum. The n value represents the number of separate animals or the number of cell cultures from separate hearts (i.e., biological replicates). Data were analyzed by 2-tailed t test, 2-way ANOVA (with Bonferroni post hoc), or 1-way ANOVA (with Tukey post hoc), as appropriate. A P value of less than 0.05 was considered significant.
Study approval
All animal procedures were carried out in accordance with the Animal Scientific Procedures Act (United Kingdom) 1986 under United Kingdom Home Office authorization, following review and approval by the University of Leeds Animal Welfare and Ethical Review Committee.

Author contributions
SAB, KEH, MJD, and NAT designed the experiments. SAB, KEH, MJD, AM, NYY, FOGE, NEH, and MSJ conducted the experiments. SAB, KEH, MJD, and NAT analyzed the data. CPD and EP provided reagents or tools. NAT, MJD, EP, SF, JFXA, and KEP obtained funding for this work. NAT conceptualized the study and wrote the manuscript. All authors commented on and approved the submission of this work.

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