Pulmonary fibrosis and emphysema are irreversible chronic events after inhalation injury. However, the mechanism(s) involved in their development remain poorly understood. Higher levels of plasma and lung heme have been recorded in acute lung injury associated with several insults. Here, we provide the molecular basis for heme-induced chronic lung injury. We found elevated plasma heme in chronic obstructive pulmonary disease (COPD) (GOLD stage 4) patients and also in a ferret model of COPD secondary to chronic cigarette smoke inhalation. Next, we developed a rodent model of chronic lung injury, where we exposed C57BL/6 mice to the halogen gas, bromine (Br$_2$) (400 ppm, 30 minutes), and returned them to room air resulting in combined airway fibrosis and emphysematous phenotype, as indicated by high collagen deposition in the peribronchial spaces, increased lung hydroxyproline concentrations, and alveolar septal damage. These mice also had elevated pulmonary endoplasmic reticulum (ER) stress as seen in COPD patients; the pharmacological or genetic diminution of ER stress in mice attenuated Br$_2$-induced lung changes. Finally, treating mice with the heme-scavenging protein, hemopexin, reduced plasma heme, ER stress, airway fibrosis, and emphysema. This is the first study to our knowledge to report elevated heme in COPD patients and establishes heme scavenging as a potential therapy after inhalation injury.
Heme scavenging reduces pulmonary endoplasmic reticulum stress, fibrosis, and emphysema

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Introduction

Inhaled toxic gases (such as high levels of oxygen, cigarette smoke, and halogens) may cause injury to various levels of the mammalian respiratory tract, resulting in mild to severe disease. Although acute inhalation injury may subside in a few days, the long-term complications may be devastating. In this study, we demonstrated the development of combined airway fibrosis and pulmonary emphysema–like pathologies after inhalation injury in C57BL/6 mice exposed to the halogen gas, bromine (Br2) (400 ppm, 30 minutes), and returned them to room air resulting in combined airway fibrosis and emphysematous phenotype, as indicated by high collagen deposition in the peribronchial spaces, increased lung hydroxyproline concentrations, and alveolar septal damage. These mice also had elevated pulmonary endoplasmic reticulum (ER) stress as seen in COPD patients; the pharmacological or genetic diminution of ER stress in mice attenuated Br2-induced lung changes. Finally, treating mice with the heme-scavenging protein, hemopexin, reduced plasma heme, ER stress, airway fibrosis, and emphysema. This is the first study to our knowledge to report elevated heme in COPD patients and establishes heme scavenging as a potential therapy after inhalation injury.
capable of transducing injury to distal sites (22). We previously showed that Br₂ gas damaged red blood cells (RBCs) and increased plasma and lung levels of free heme in mice (23). RBCs are especially susceptible to oxidative damage, and we and others have shown that lipid peroxidation of RBC membranes increases their osmotic fragility (23, 24), resulting in the release of hemoglobin (Hb) and free heme (25).

Nonencapsulated heme is an important injurious agent in several pathologies such as the endothelial injury after lipopolysaccharide exposure (26), lung injury after Libby amphible asbestos exposure (27), hyperoxia-induced lung injury (28), pulmonary hypertension in sickle cell anemia (29), and trauma-hemorrhage (30). Nonencapsulated heme causes oxidative stress by generating reactive species and redox-active iron capable of initiating lipid peroxidation (31, 32). It intercalates into cell membranes and causes oxidative loss of plasma membrane integrity (33). Heme is also capable of producing peroxyxinitrite by Fenton chemistry using NO₂⁻ and H₂O₂, which are stable end-products of nitric oxide and superoxide degradation (34). Physiologically, blood heme concentrations are maintained at low levels (35) by the high binding affinity of serum albumin, hemopexin (Hx), and haptoglobin (36–39). Hx is a plasma protein with the highest binding affinity for free heme (K_d near 10⁻¹³ M). Since heme is a reactive, lipophilic molecule of limited water solubility, Hx maintains heme in a soluble, monomeric state in aqueous environments. After heme binding, the heme–Hx complex is transported to liver and internalized by macrophages through receptor-mediated endocytosis (40).

The endoplasmic reticulum (ER) is an important target of heme-mediated reactive species, which induce ER stress (41). ER stress and the unfolded protein response (UPR) constitute a homeostatic response to accumulation of misfolded proteins. When unfolded or misfolded proteins accumulate in the ER lumen, the first response is to attenuate further protein translation, which reduces the ER load and prevents accumulation of unfolded proteins. Although the UPR serves a protective role that allows cells to deal with noxious stimuli, prolonged ER stress contributes to the development and progression of several pathologies, including pulmonary fibrosis (42) and emphysema (43).

In this study, we demonstrated the presence of elevated plasma heme levels and ER stress in COPD patients, in ferrets exposed to cigarette smoke, and in mice 14 to 21 days after a brief exposure to Br₂ gas (400 ppm for 30 minutes). Furthermore, we showed that elevated plasma heme levels after Br₂ exposure in mice may be responsible for ER stress and associated lung pathologies that resemble human pulmonary fibrosis and pulmonary emphysema (airway enlargement and increased lung compliance). Heme scavenging by Hx, administered at 1 hour or 5 days after Br₂ exposure, ameliorated fibrotic and emphysematous changes, and improved survival. Thus, we have developed a model of pulmonary emphysema–like injury, which mimics and exceeds the lung pathology following long-term exposure to cigarette smoke, provided a plausible mechanism for the development of pulmonary emphysema, and showed that the pathology and mortality may be mitigated by Hx administered long after the inhaled insult.

Results
Plasma heme and ER stress is elevated in patients with severe COPD and in a ferret model of COPD. Earlier studies have shown that plasma heme levels are increased in several insults such as sepsis, hyperoxia, and trauma, which may ultimately lead to lung injury (26–30, 44). However, the effects of heme on the development of chronic lung airway and distal lung pathologies are not known. We measured plasma heme in patients that never smoked and in individuals with COPD (Figure 1A). Demographic and clinical data for these patients is shown in Table 1. Heme levels were significantly elevated in very severe COPD patients (Global Initiative for Chronic Obstructive Lung Diseases, GOLD stage 4) (45) compared to never-smokers and to those with mild-to-moderate COPD (GOLD stages 2 and 3) (Figure 1B). Next, we demonstrated that ferrets that were exposed to 60 minutes of smoke from 3R4F research cigarettes, twice daily for 6 months, also had elevated heme levels in the plasma (Figure 1C). We have previously shown that these ferrets develop morphological and functional lung changes similar to COPD, including emphysematous alveolar enlargement and reduced lung function (14). Prolonged ER stress and the activation of the adaptive UPR have been implicated in the development of chronic lung injury (42, 46, 47). We found that patients with COPD (GOLD stage 4) had significantly elevated levels of Grp78/Bip (Figure 1D), a master regulator of the UPR (48).

Rodent model of airway fibrosis and emphysema after inhalation injury. To investigate our human findings that elevated heme levels may be involved in chronic lung damage, we developed a rodent model of inhalation injury. We found that C57BL/6 mice of either sex exposed to 400 ppm of Br₂ gas for 30 minutes and returned to room air had elevated plasma heme levels for up to 14 days after exposure (Figure 2A).
To determine if elevated heme correlated with chronic lung injury, we measured lung injury markers on days 1, 7, 14, and 21 after Br2 exposure. Our data demonstrated that Br2 increased bronchoalveolar lavage fluid (BALF) protein levels (Figure 2B) and total cell count (Figure 2C) on days 14 and 21 after exposure. After staining the lungs for α-smooth muscle actin (α-SMA) (Figure 2D) or with Masson’s trichrome stain (Figure 2E), we found increased thickening of the smooth muscle layer around bronchioles and marked accumulation of collagen in the lungs, primarily around bronchioles on days 14 and 21 after exposure. The histological observation of lung airway fibrotic changes was accompanied by a significant increase in lung parenchymal hydroxyproline levels on days 14 and 21 after exposure (Figure 2F).

Next, measurements of pressure-volume (PV) relationships in anesthetized mice with flexiVent at 7 to 21 days after exposure demonstrated that Br2 exposure resulted in increased lung volumes, lung compliance, and inspiratory capacity, starting at 14 days after exposure (Figure 3A and Supplemental Figure 1, A and B; supplemental material available online with this article; https://doi.org/10.1172/jci.insight.120694DS1). Subsequently, we stained the lungs with hematoxylin and eosin (H&E) (Figure 3B) and measured the alveolar mean linear intercept (Lm) (Figure 3C). Lm was increased in mice on days 14 and 21 after Br2 gas inhalation. These pathological changes in the lung function and structure are characteristic of alveolar wall

Table 1. Demographic and clinical data of COPD patients

<table>
<thead>
<tr>
<th></th>
<th>Total (n = 40)</th>
<th>Non-COPD (n = 18)</th>
<th>COPD (n = 22)</th>
<th>P value</th>
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<tbody>
<tr>
<td>Age in years</td>
<td>59 ± 9</td>
<td>56 ± 12</td>
<td>61 ± 7</td>
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<tr>
<td>White race</td>
<td>17 (43%)</td>
<td>6 (33%)</td>
<td>11 (50%)</td>
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<tr>
<td>Male sex</td>
<td>18 (45%)</td>
<td>5 (28%)</td>
<td>13 (59%)</td>
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<tr>
<td>FEV1 (liters)</td>
<td>1.85 ± 0.80</td>
<td>2.37 ± 0.82</td>
<td>1.42 ± 0.45</td>
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</tr>
<tr>
<td>FEV1, percentage predicted</td>
<td>67 ± 21</td>
<td>86 ± 12</td>
<td>52 ± 13</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>FVC (liters)</td>
<td>2.96 ± 0.90</td>
<td>3.02 ± 0.95</td>
<td>2.91 ± 0.88</td>
<td>0.90</td>
</tr>
<tr>
<td>FVC, percentage predicted</td>
<td>83 ± 13</td>
<td>86 ± 11</td>
<td>80 ± 14</td>
<td>0.14</td>
</tr>
<tr>
<td>FEV1/FVC</td>
<td>0.64 ± 0.17</td>
<td>0.78 ± 0.06</td>
<td>0.52 ± 0.13</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Current smoker</td>
<td>18 (45%)</td>
<td>10 (56%)</td>
<td>8 (36%)</td>
<td>0.34</td>
</tr>
<tr>
<td>Smoking history, pack-year&lt;sup&gt;a&lt;/sup&gt;</td>
<td>29 ± 25</td>
<td>13 ± 18</td>
<td>43 ± 23</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

FEV1, postbronchodilator forced expiratory volume in 1 second; FVC, postbronchodilator forced vital capacity. <sup>a</sup>Pack-year = (number of cigarettes smoked per day)/(20 × number of years of cigarette smoking). Data expressed as mean ± SD, or n (%). Mann-Whitney U test or Fisher’s exact test were used to measure differences between means and proportions, respectively.
destruction and airspace enlargement seen in both experimental models of emphysema and in patients. The release of proteinases such as elastase by macrophages and neutrophils plays a significant role in alveolar wall destruction (49). Plasma elastase levels (Figure 3D) and BALF elastase activity (Figure 3E) were increased in mice on days 14 and 21 after Br₂ exposure. 

ER stress is elevated in mice exposed to Br₂ gas. We immunoblotted peripheral lung tissue of mice exposed to Br₂ and returned to room air, with antibodies against Grp78/Bip (Figure 4A) and the downstream 3 major branches (protein markers) of the UPR: the double-stranded RNA-activated protein kinase–like ER kinase (p-PERK) (phosphorylated active form) (Figure 4B), the inositol-requiring enzyme 1 (p-IRE1) (active form) (Figure 4C), and the activating transcription factor 6 (ATF6) (Figure 4D). GRP78/Bip and p-PERK levels were elevated in lungs of mice at days 14 and 21 after Br₂ exposure, while p-IRE1 and ATF6 were not. The activation of PERK

Figure 2. Lung injury and fibrosis in rodent model of inhalation injury. Male C57BL/6 mice were exposed to air or Br₂ gas (400 ppm, 30 minutes) and returned to room air. Plasma heme and acute and chronic lung injury parameters were measured in mice on days 1, 7, 14, or 21 after Br₂ exposure. Plasma levels of total heme were elevated in mice until 14 days after Br₂ inhalation (n = 6-11) (A). Bronchoalveolar lavage fluid (BALF) showed a significant increase in protein levels (n = 9-14) (B) and total cell count (n = 9-17) (C) on days 14 and 21 after Br₂ inhalation. Peripheral lung tissue staining for α-smooth muscle actin (α-SMA) (n = 5) (D) and with Masson’s trichrome stain (n = 5) (E) demonstrated an increased accumulation of α-SMA and thickening of the smooth muscle layer and collagen deposition (blue stain) primarily around airways on days 14 and 21 after Br₂. Characteristic images were obtained from the indicated number of lungs for each condition. Similarly, the quantification of collagen by measuring lung hydroxyproline levels showed significant increases at 14 and 21 days after Br₂ inhalation (F). Values are means ± SEM. *P < 0.05 versus air-exposed C57BL/6 mice by 1-way ANOVA followed by Tukey’s post hoc test. Scale bars are 100 μm.
leads to global inhibition of protein translation, with the exception of select proteins such as activating transcription factor 4 (ATF4) and the CCAAT/enhancer-binding protein homologous protein (CHOP). Both ATF4 (Figure 4E) and CHOP (Figure 4F) protein levels were elevated in the lungs of mice on day 14 after Br2 inhalation.

**ER stress induces airway fibrosis and distal lung injury resembling human emphysema.** To confirm the role of ER stress and the UPR in the pathogenesis of fibrosis and emphysema, we treated mice daily with a single i.p. injection of the ER stress inhibitor salubrinal (1 mg/kg BW), starting at 1 hour after Br2 exposure until day 13, and analyzed changes in lung histology and function on the 14th day after exposure. Salubrinal is a selective inhibitor of eukaryotic initiation factor 2α (eIF2α) dephosphorylation and has been shown to protect against ER stress–mediated apoptosis (50, 51). eIF2α must be dephosphorylated to enable the translation of new proteins. Salubrinal attenuates unfolded or misfolded protein synthesis by inhibiting eIF2α dephosphorylation, thus decreasing CHOP and rescuing cells from apoptosis (52). We found a significant increase in lung phosphorylated eIF2α (active form) (Figure 5A) and a corresponding decrease in CHOP (Figure 5B) levels in mice treated with salubrinal after Br2 exposure. Furthermore, salubrinal ameliorated BALF protein levels (Figure 5C) and BALF total cell count (Figure 5D). Masson's trichrome staining of lungs (Figure 5E) and quantification of lung hydroxyproline levels (Figure 5F) showed decreased collagen levels and lung fibrotic changes in Br2-exposed mice after treatment with salubrinal. Additionally, PV curve measurements demonstrated that salubrinal prevented Br2-induced increase in lung volumes (Figure 6A), as well as lung compliance and inspiratory capacity (Supplemental Figure 2, A and B). Salubrinal also attenuated alveolar Lm (Figure 6C), as shown.

**Figure 3. Acute exposure to Br2 induces lung emphysematous changes.** Male C57BL/6 mice were exposed to air or Br2 gas (400 ppm, 30 minutes) and then returned to room air. On days 7, 14, or 21 after Br2 exposure, mouse lung compliance was assessed by the slope of the deflation limbs of pressure-volume (PV) curves. Br2 inhalation increased lung volumes as indicated by shifting up and left of PV curves on days 14 and 21 after exposure (n = 5–9) (A). The staining of peripheral lung tissue with hematoxylin and eosin (H&E) showed airspace enlargement (B) and increased alveolar mean linear intercept (Lm) (n = 5). Scale bars are 100 µm. (C) on days 14 and 21 after exposure. Characteristic images are shown. Finally, plasma elastase levels (n = 6-10) (D) and BALF elastase activity (n = 7-14) (E) were elevated in Br2-exposed mice on days 14 and 21 after exposure. Values are means ± SEM. *P < 0.05 versus air-exposed C57BL/6 mice by 1-way ANOVA followed by Tukey’s post hoc test. PV curves were analyzed by 2-way ANOVA with Bonferroni’s post hoc test.
on H&E staining (Figure 6B), plasma elastase levels (Figure 6D), and BALF elastase activity (Figure 6E) in comparison with the mice treated with DMSO after Br₂ exposure.

All 3 branches of the UPR regulate the activation of CHOP, a central mediator of ER stress–induced apoptosis and pulmonary fibrosis (42); however, ATF4 is considered to be a major inducer of CHOP expression. Therefore, we subjected ATF4-haplodeficient mice (ATF4+/–) to Br₂ (400 ppm, 30 minutes) and investigated whether these mice are protected against Br₂-induced lung pathology 14 days after exposure. ATF4-homo-deficient mice (ATF4–/–) had severe developmental abnormalities and were not used in these experiments.

Our results demonstrated that ATF4+/– mice had lower lung levels of ATF4 (Figure 7A) and CHOP (Figure 7B) after Br₂ inhalation compared with the corresponding wild-type (WT) mice. Exposure to Br₂ increased lung collagen deposition (trichrome staining) (Figure 7C) and lung hydroxyproline levels (Figure 7D) in the WT mice, but not in the ATF4+/– mice. In addition, ATF4+/– mice did not develop an emphysematous phenotype after Br₂ inhalation, as demonstrated by the lack of changes in PV curves (Figure 7E) and the demonstrable no increase in lung compliance and inspiratory capacity (Supplemental Figure 3, A and B). In addition, ATF4+/– mice did not have an increase in Lm (Figure 7F) on H&E staining (Figure 7C), plasma elastase levels (Figure 7G), and BALF elastase activity (Figure 7H) after Br₂ exposure. In comparison, WT mice showed emphysematous lung changes. Together, these results suggest that prolonged ER stress impairs lung injury repair, which leads to the development of lung fibrotic and emphysematous changes.

**Heme scavenging attenuates ER stress and prevents the development of chronic lung injury.** First, to investigate if heme may lead to ER stress, we incubated human bronchial epithelial cells (HBECs) with hemin (a form of heme, 25 μM), and saw increased ER stress markers ATF4 and CHOP (Figure 8A) within 6 hours after hemin...
In contrast, exposure of these cells to \( \text{Br}_2 \) (100 ppm, 10 minutes) (in the absence of exogenous heme) only increased ATF4, while CHOP levels remained unaltered (Supplemental Figure 4). Next, to determine if heme scavenging can abrogate ER stress, we gave an i.p. injection of the heme-scavenging protein Hx (purified human plasma Hx, 4 \( \mu \)g/g BW) to mice, 1 hour after \( \text{Br}_2 \) exposure. Plasma concentrations of human Hx in the plasma of mice up to 24 hours after a single injection of Hx are shown in Supplemental Figure 5A. Hx administration reduced plasma heme after \( \text{Br}_2 \) exposure (Figure 8B). Hx reduced ER stress as indicated by low levels ATF4 (Figure 8C) and CHOP (Figure 8D) in the lungs 14 days after \( \text{Br}_2 \) exposure. Similarly, immunohistochemical staining of lung sections showed that ATF4 and CHOP (Figure 8E) levels were higher and predominantly expressed around bronchioles 14 days after \( \text{Br}_2 \) exposure. Treatment with Hx attenuated ATF4 and CHOP levels around airways and completely abrogated the ER stress markers in the lung parenchyma.

To ascertain the therapeutic potential of Hx in preventing or reversing chronic lung damage after inhalation injury, we gave an i.p. injection of purified human Hx (4 \( \mu \)g/g BW) to mice, either 1 hour after \( \text{Br}_2 \) exposure, or in some key experiments 5 days after \( \text{Br}_2 \). Our results indicate that the plasma concentration of mouse Hx was significantly higher in mice that were administered purified human Hx 1 hour after \( \text{Br}_2 \) exposure on day 14 after exposure (Supplemental Figure 5, B and C). Hx administered either at 1 hour or 5 days after \( \text{Br}_2 \) significantly reduced BALF protein levels (Figure 9A), BALF total cell count (Figure 9B), lung collagen levels on Masson's trichrome staining (Figure 9C), and lung hydroxyproline levels (Figure 9D) in mice 14 days after \( \text{Br}_2 \) inhalation. Hx also reduced alveolar Lm (Figure 9E) upon H&E staining (Figure 9C), prevention of the shifting of the PV curve (Figure 9F), and an increase in lung compliance and inspiratory capacity (Supplemental Figure 6, A and B). Hx-treated mice also had lower plasma elastase levels (Figure 9G) and BALF elastase activity (Figure 9H) 14 days after \( \text{Br}_2 \) gas inhalation. Finally, postexposure injection with Hx reduced overall mortality in C57BL/6 mice compared with mice injected with saline after \( \text{Br}_2 \) inhalation (Figure 9I).

Figure 5. Attenuation of ER stress abrogates lung injury and fibrosis. Male C57BL/6 mice were exposed to air or \( \text{Br}_2 \) gas (400 ppm, 30 minutes) and then returned to room air. Some \( \text{Br}_2 \)-exposed mice received an intraperitoneal injection of the ER stress inhibitor salubrinal (1 mg/kg BW), starting at 1 hour after \( \text{Br}_2 \) exposure, and then daily for 13 consecutive days. Air-exposed and some \( \text{Br}_2 \)-exposed mice received DMSO (vehicle) as a control. Fourteen days after \( \text{Br}_2 \) exposure, immunoblot of lung tissue showed that salubrinal increased phospho-eIF2\( \alpha \) levels \( (n = 7–8) \) (A) but decreased lung CHOP levels \( (n = 12–13) \) (B) after \( \text{Br}_2 \) exposure. Salubrinal also attenuated BALF protein \( (n = 5–6) \) (C) and total cell count \( (n = 5–6) \) (D) in \( \text{Br}_2 \)-exposed mice. Masson's trichrome staining \( (n = 5) \) (E) and quantification of lung hydroxyproline levels \( (n = 5–6) \). Scale bars are 100 \( \mu \)m. (F) showed a decrease in collagen levels and lung fibrotic changes 14 days after \( \text{Br}_2 \) exposure in salubrinal-treated mice. Values are means ± SEM. *\( P < 0.05 \) versus air + DMSO–treated mice and †\( P < 0.05 \) versus \( \text{Br}_2 \) + DMSO–treated mice by 1-way ANOVA followed by Tukey's post hoc test.
**Discussion**

This is the first study to our knowledge to report that patients with very severe COPD have elevated levels of plasma heme and the ER stress marker Grp78/Bip. In addition, our rodent model of inhalation injury shows that heme-induced ER stress is involved in aberrant airway remodeling and alveolar septal damage, leading to the development of airway fibrosis and pulmonary emphysema. Finally, our data suggest that heme scavenging after acute inhalation injury may reduce ER stress and prevent chronic lung damage.

Inhalation lung injury caused by irritant gases such as Br₂, Cl₂, NH₃, and COCl₂ is a major source of morbidity and mortality during environmental or accidental disasters. These inhaled substances may affect the respiratory system at various levels and generate reactive intermediates that reach the systemic circulation, thus causing multi-organ injury (53–56). Individuals and animals exposed to these toxic gases may develop noncardiogenic pulmonary edema and also significant myocardial injury within hours to days of exposure (23, 55). Those that survive often suffer from residual chronic lung disease, with airflow obstruction, fibrosis, airway hyper-reactivity, and impaired gas exchange (57–60). In our study, the histological examination of mouse lungs after halogen exposure showed evidence of airway fibrosis, alveolar...
septal damage, and enlarged alveolar air spaces. No animal model mimics human COPD exactly. However, the pattern of lung injury in our mice after Br₂ exposure approximates some of the features (such as increased lung compliance, alveolar enlargement, higher elastase levels) seen in patients with a long history of smoking who present with combined airway fibrosis and emphysema (3, 6, 61–64). It is highly interesting that the increase in lung compliance and airspace enlargement after a brief exposure to Br₂ far exceeds those obtained in mice exposed to cigarette smoke for 2 to 6 months (15, 16), suggesting that our inhalation-injury rodent model may be a reasonable animal model to study COPD pathogenesis and also to test countermeasures.

ER stress and the UPR have been associated with development of fibrotic remodeling in lungs and other organs (65–68). Specifically, an increase in lung CHOP levels has been shown to mediate lung fibrosis, while the genetic deficiency or pharmacological inhibition of CHOP by tauroursodeoxycholic acid...
(TUDCA) attenuated the bleomycin-induced pulmonary fibrosis and inflammation (69, 70). We previously showed that mice exposed to chlorine have elevated UPR marker p-PERK in their skin and lungs at 1 and 6 hours after exposure (71). In our current study, we found that p-PERK and its downstream markers, ATF4 and CHOP, were elevated in lung tissue even after 14 days after inhalation injury.

This prolonged elevation of the UPR can be highly detrimental and can lead to ER stress and associated pathology. Our immune-histology data showed that the majority of ATF4 and CHOP staining was contained around the bronchioles. This suggests that collagen deposition around airways seen after inhalation injury in our mice was probably due to a high degree of ER stress in that area. We also found that ATF4 and CHOP levels were elevated in the interalveolar spaces of injured mice, suggesting that ER stress may also be responsible for alveolar septal damage. In fact, the pharmacological inhibition of ER stress by salubrinal or genetic deficiency of ATF4 resulted in reduced airway fibrosis and attenuated alveolar wall destruction and the development of lung emphysematous-like changes in Br2-exposed mice.

Previous studies have also shown that ER stress is elevated in the lungs of animals with enlarged alveolar spaces secondary to smoke inhalation (72) or acrolein administration, a toxicant in cigarette smoke (5). Neutrophil elastase, macrophage elastase, and other elastolytic proteases such as cathepsin G are thought to be the main causative factors of tissue damage in pulmonary emphysema (73). Leukocyte elastase induces epithelial apoptosis (74, 75), which contributes to the destruction of lung alveolar septa and the development of emphysema. In our study, we found that plasma elastase levels and BALF elastase
activity were elevated in mice after inhalation lung injury. Similar increases in elastase activity have been reported after exposure to sulfur mustard (76). Elastase has been shown to induce cellular apoptosis by activating the PERK/CHOP signaling pathway (77). Whether the activation of PERK/CHOP signaling itself influences elastase activity and expression is unknown.

Interestingly, in this study we found that in both salubrinal-treated mice and ATF4±/– mice, elastase level/activity was attenuated, suggesting that ER stress–mediated regulation of elastase may be responsible for emphysema after inhalation injury. We also found that mice treated with salubrinal had reduced levels of neutrophils and macrophages in their lungs, which may account for the attenuation of elastase level/activity upon ER stress inhibition. Other studies have also shown that abrogation of ER stress reduces inflammatory cells in the lungs (69). In fact, alveolar macrophages themselves are a major source of ER stress (78). Other possible mechanisms of ER stress–mediated regulation of elastase levels/activity may include downregulation of proteinase inhibitor such as α-1 antitrypsin, a known inhibitor of neutrophil elastase (79).

**Figure 9. Hemopexin attenuates lung injury, airway fibrosis, and lung emphysema.** Male C57BL/6 mice were exposed to air or Br2 gas (400 ppm, 30 minutes) and then returned to room air. Some Br2-exposed mice were given an intraperitoneal injection of purified human hemopexin (Hx) (4 μg/g BW) 1 hour or 5 days after Br2 exposure. All air-exposed mice and some Br2-exposed mice received saline injection as an appropriate control. Fourteen days after Br2 exposure, mouse BALF protein levels (n = 5–9) (A) and total cell count (n = 5–7) (B) were elevated in saline-treated mice but were significantly lower in Hx-treated mice. Hx-treated mice had decreased lung deposition of collagen on Masson’s trichrome staining (n = 5–8) (C) and lower lung hydroxyproline levels (n = 5–8) (D) compared with saline-treated mice, 14 days after Br2 inhalation. Assessment of mouse lung pressure-volume (P-V) curves demonstrated that Br2 exposure increased lung volumes, as indicated by the shifting up and left of PV curve in the saline-treated mice but not in the Hx-treated mice (n = 5–10) (E). Hematoxylin and eosin (H&E) staining of lungs showed that Hx prevented Br2-induced alveolar septa damage (n = 5–8) (F). Scale bars 100 μm. (E). In addition, Hx lowered plasma elastase levels (n = 14–16) (G) and BALF elastase activity (n = 10–13) (H) in Br2-exposed mice. The Kaplan-Meier curve demonstrated that Hx reduced mortality after Br2 exposure (n = 42 for Br2 + saline; n = 20 for Br2 + Hx [1 hour after]; n = 17 for Br2 + Hx [5 days after]) (I). *P < 0.05 versus air + saline and †P < 0.05 versus Br2 + saline by 1-way ANOVA followed by Tukey’s post hoc test. PV curves were analyzed by 2-way ANOVA with Bonferroni’s post hoc test. Overall survival was analyzed by the Kaplan-Meier method. Differences in survival were tested for statistical significance by the log-rank test.
Cellular stress due to reactive species can increase cell apoptosis and ER stress (41, 47, 80). We have previously shown that nonencapsulated heme is an important source of oxidative stress and is increased in mice after exposure to halogen gas (23). Low blood pH and elevated levels of halogenated lipids and reactive species after halogen gas exposure can increase the susceptibility of RBCs to hemolysis, resulting in increased heme levels in plasma (23, 81). In addition, elevated plasma heme critically affects aging of RBCs via long-term intercalation and destabilization of membranes, resulting in further hemolysis (82). In this study, we found that heme levels were elevated in mice even after 14 days of halogen exposure. We also found that plasma heme levels were higher in patients with very severe COPD and in ferrets exposed to cigarette smoke for 6 months. Interestingly, a previous study also found that cigarette smoke induced hemolysis of rabbit erythrocytes (83).

We also demonstrated that hemin (a form of heme) treatment increased ER stress in HBECs. Therefore, to determine if attenuating heme can be a therapeutic approach to ameliorate chronic lung complications after inhalation injury, we reduced free heme by treating mice with the heme-scavenging protein Hx, 1 hour or 5 days after inhalation injury. Some of the advantages of using Hx over other heme-binding proteins include the following. (a) Unlike desferrioxamine, apotransferrin, and albumin, Hx can attenuate heme-stimulated lipid peroxidation (84). (b) Unlike albumin and glutathione S-transferases, Hx is not oxidized by heme, presumably because H2O2 cannot interact with the bis-histidyl heme–Hx complex (85). (c) At higher concentrations (2–10 μM), the heme–Hx complex increases cell survival (86). In addition, Hx-deficient mice have been shown to have high lipid peroxidation and recover more slowly upon acute hemolysis (87). The administration of 5 μM Hx attenuated free radical production in a rat model of reperfusion injury (88). Similarly, in our study, we found that a single injection of Hx (4 μg/g BW) after inhalation injury attenuated plasma heme, reduced lung ER stress, airway fibrosis, emphysema, and also improved survival.

There may be several distinct toxic species that contribute to the development of chronic lung injury. We focused on nonencapsulated cell-free heme because cigarette smoke induces hemolysis (83), and elevated heme/hemoglobin has been shown to mediate lung injury in humans and animals (23, 89–91). In addition, multiple studies including our previous study have shown that scavenging heme by Hx can ameliorate lung injury (23, 30, 90–92). Our data demonstrated that the administration of Hx (4 μg/g BW) reduced lung inflammation, prevented the development of airway fibrosis and alveolar septal damage, and improved survival in mice exposed to the toxic gas Br2. However, there are several unanswered questions that remain to be verified in future studies. It is surprising that the administration of 4 μg/g BW of Hx (total of 100 μg in a 25-g mouse, approximately 1 μM concentration and 10 times lower than the endogenous Hx levels in mice) could reduce plasma heme from 50 μM to 25 μM and prevent chronic lung injury after Br2 exposure. Multiple reasons could explain these effects of Hx. (a) First, it is possible that the endogenous circulating Hx is already bound to free heme released from basal physiological hemolysis (due to RBC aging) and is not ready to scavenge any de novo acute hemolysis. Therefore, exogenous administration of Hx has a profound effect in limiting heme levels. (b) Second, elevated plasma heme has been shown to intercalate and destabilize RBC membranes, contributing to ongoing hemolysis and providing a feed-forward mechanism for more heme release (82). Therefore, Hx therapy would not only scavenge free heme but also stabilize RBC membranes, preventing further hemolysis. This could explain why even relatively small amounts of Hx would be able to reduce high heme levels. (c) Third, our data (Supplemental Figure 5C) suggest that the administration of human Hx stimulates the release of endogenous mouse Hx. The mechanisms contributing to this effect are not clear and need further investigation. (d) Finally, it is entirely possible that the lung-protective effects of Hx may not entirely depend upon heme scavenging and may also involve other antiinflammatory pathways. Past studies have shown that the administration of 1–5 μg/g BW of Hx completely abrogated lung injury by suppressing TLR4 and NF-κB pathways (90, 91).

In conclusion, our study has demonstrated that heme-dependent airway damage underlies the pathogenesis of combined lung fibrotic and emphysematous changes after inhalation injury. We have also shown that heme-induced ER stress is a common underlying mechanism involved in chronic lung remodeling. In fact, several environmental inhaled particles such as silica, quartz, and cadmium, known to cause lung fibrosis and emphysema, have potential hemolytic activity (93–95), suggesting that heme could be a potential linker molecule in the combined pathogenesis of lung fibrosis and emphysema. Thus, therapeutic approaches that reduce heme, such as Hx and to some extent albumin and haptoglobin, in addition to pharmacological inhibition of ER stress may prove to be beneficial countermeasures against inhalation lung injury.
Methods

Human subjects. Adult participants were recruited to this observational cohort through the UAB Lung Health Center. Demographic information and smoking history were recorded, pre- and postbronchodilator spirometry was conducted on all participants according to the American Thoracic Society/European Respiratory Society (ATS/ERS) guidelines (96), and phlebotomy was performed. Participants were categorized as COPD based on the ratio of postbronchodilator forced expiratory volume in 1 second to forced vital capacity (FEV1/FVC) less than 0.70 and the severity of airflow limitation (i.e., GOLD 1–4, with GOLD 4 indicating very severe airflow obstruction) (97). Samples were processed, aliquoted, and stored at –80°C using Freezerworks Sample Inventory Management software (Dataworks Development, Inc.). No samples had undergone freeze-thaw cycles prior to use in the study.

Animals. Adult male C57BL/6 mice (20–25 g) were purchased from Charles River, non-Frederick/NCI. C57BL/6 genetic background–based ATF4 +/– knockout mice were a gift from Marina Gorbatyuk, University of Alabama at Birmingham (UAB), and have a normal appearance and organ morphology. The genotyping of ATF4+/– mice was performed using forward primers: ATATTGCTGAAGCTTG-GCGGC for the Neo allele and AGCAAAACAAGACAGCCACTA for the WT allele and a common reverse primer GTTTCTACAGCTTCCTCCACTTT for both alleles. All mice were raised under a 12-hour dim light/12-hour dark cycle with access to a standard diet and tap water ad libitum. A euthanasia protocol based on i.p. injections of ketamine and xylazine was used in the study for mice to minimize pain and distress.

Cigarette smoke exposure in ferrets. Outbred WT ferrets (Mustela putorius furo, females [0.6–0.8 kg BW], males [1.2–2.0 kg BW]) were procured from Marshall BioResources. After matching for age and sex, ferrets were randomized to receive whole cigarette smoke exposure or air control groups for 6 months. Following a brief training period, ferrets were acclimatized to customize-designed male and female nose-only exposure tubes and a 36-port plenum connected to smoke output. Ferrets were exposed to two 60-minute sessions of smoke from 3R4F research cigarettes (University of Kentucky) for 5 days/week for 6 months as described previously (14).

Exposure to Br₂. Mice were exposed to Br₂ gas (400 ppm) in a cylindrical glass chamber for 30 minutes, as previously described for chlorine gas (98, 99). Control mice were exposed to room air in the same experimental conditions as Br₂-exposed mice. Exposures were performed with 2 mice in the same chamber at any one time, and all exposures were performed between 6:00 am and 12:00 pm. Tanks were replaced when the pressure in the tanks reached 500 psi. In each case, immediately following exposure, mice were returned to room air.

Hx and salubrinal administration. In some experiments starting at 1 hour after Br₂ exposure, mice were treated daily with either salubrinal (SML0951; Sigma-Aldrich), an ER stress inhibitor, dissolved in DMSO or control vehicle (DMSO) for 13 consecutive days at the dose of 1 mg/kg BW by i.p. injection. In other experiments, mice were treated with a single i.p. injection of Hx (product no. 16-16-080513-LEL; Athens Research and Technology) dissolved in normal saline at the dose of 4μg/g BW, either 1 hour or 5 days after Br₂ exposure and mice were sacrificed and used for experiments on the 14th day after exposure.

Assessment of respiratory mechanics. PV curves with constant increasing pressure (PVr-P) were assessed in mice anesthetized with pentobarbital (50 mg/kg i.p.; Vortech Pharmaceuticals), paralyzed with pancuronium (4 mg/kg i.p.; Gensia Sicor Pharmaceuticals), intubated, connected to an FX-1 module of the FlexiVent (SCIREQ), and ventilated at a rate of 160 breaths per minute at a tidal volume of 0.2 ml with a positive end-expiratory pressure of 3 cmH₂O. Each time before performing PV-loop perturbations, a total lung capacity perturbation (TLC) was carried out to normalize the lungs. PVr-P perturbations were performed until 3 acceptable measurements (coefficient of determination [COD] > 0.95) were recorded in each subject, of which an average was calculated. Raw data from the PVr-P perturbation were used to reconstruct PV curves. Lung compliance (C, ΔV/ΔP) was derived from the PV curves on the deflation (upper) limb between lung pressures of 7 and 11.4 cmH₂O as described previously (100). When measured under closed-chest conditions, this variable reflects the intrinsic elastic properties of the respiratory system (i.e., lung + chest wall) at rest. Estimate of inspiratory capacity is the upper bounds estimate of the difference between total lung capacity and zero volume.

Histological analysis and Masson’s trichrome staining of mouse lung. Lung tissues were removed and fixed in 70% alcoholic formalin for 24 hours and dehydrated in 70% ethanol before embedding in paraffin. Paraffin-embedded tissues were cut into 4-μm sections, deparaffinized, and rehydrated using CitriSolv (d-limonene–based solvent) and isopropanol, respectively. The sections were stained for ATF4 (11815S, Cell
Signaling Technology), CHOP (2895, Cell Signaling Technology), with H&E, or with Masson's trichrome (71). H&E–stained sections were used to assess Lm, which is widely accepted as an indicator of the presence of emphysema. Lm was measured by dividing the total length of lines drawn across the 20 randomly selected lung fields by number of intercepts with alveolar septum at ×200 magnification. Alveoli number was determined by the number of measurements made for the Lm. Trichrome-stained lung section images were captured using a Leica DMI 6000 B microscope.

BALF analysis. Mice were euthanized with an i.p. injection of ketamine and xylazine (100 and 10 mg/kg body weight, respectively). The lungs were lavaged, and the recovered lavage fluid was centrifuged immediately at 3,000 g for 10 minutes to pellet the cells. Supernatants were used for protein analysis using the Pierce BCA Protein Assay (product no. 23225; Thermo Scientific, Rockford, IL). Pelleted cells were counted using a Neubauer hemocytometer and then stained using a 2-stain set consisting of eosin Y and a solution of thiazine dyes for differential counts (23).

Plasma heme assay. Heme levels were measured in plasma samples using the QuantiChrom heme assay kit (product no. DIHM-250; BioAssay Systems), according to the manufacturer's instructions.

Plasma Hx measurement. Plasma levels of endogenous mouse Hx levels were measured in mice using an ELISA kit (product no. GBW-D5D320; GenWay Biotech, Inc.) according to the manufacturer's instructions. Similarly, plasma levels of human Hx were measured in mice after injection of purified human Hx using an ELISA kit (product no. GBW-4B6D1A [40-374-13039]; GenWay Biotech, Inc.) according to the manufacturer's instructions.

Hydroxyproline quantification. Hydroxyproline level was measured by using a hydroxyproline assay kit (MAK008, Sigma-Aldrich). Briefly, 20 mg of whole lung tissue disrupted in liquid nitrogen was hydrolyzed for 3 hours in 12N HCl at 120°C. After cooling down for 20 minutes, 30 μl from each sample was transferred to a 96-well plate and evaporated at 60°C overnight. Hydroxyproline level was measured in these samples according to the manufacturer’s instructions.

Measurement of elastase levels and activity. Neutrophil elastase levels in plasma samples were measured by using a standard kit (DY4517-05, Mouse Neutrophil Elastase DuoSet ELISA, R&D Systems). Elastase activity was measured in the BALF samples by using an EnzChek Elastase Assay kit (E12056, Molecular Probes). One unit of elastase activity is defined as the amount of enzyme required to solubilize 1 mg of elastin in 20 minutes at pH 8.8 and 37°C. BALF total elastase levels could not be detected due to low sensitivity of the assay.

Assessment of ER stress. ER stress was analyzed by measuring Grp78 using a Grp78/Bip ELISA kit (ADI-900-214, Enzo Life Sciences) according to the manufacturer’s instructions. Immunoblot was performed using primary antibodies at 1:1,000 dilution against CHOP (2895S), ATF4 (11815S), total IRE1α (3179S), p-eIF2α (9721S), total eIF2α (9722S) (all Cell Signalling Technology); ATF6 (sc22799), total PERK (sc13073), Grp78 (sc13968) (all Santa Cruz Biotechnology); and p-IRE1α (NB100-2323, Novus Biologicals) as described previously (23). Bands were detected by a chemiluminescent HRP substrate (Millipore). Protein loading was normalized by reprobing the membranes with an antibody specific for β-actin (Sigma-Aldrich).

Cell culture. HBECs were a gift from Kevin Harrod at UAB and were maintained in Bronchial Epithelial Cell Basal Medium (Lonza). Immediately before exposure to hemin or Br2, culture media were replaced with phenol red–free culture media. For Br2 exposure, cells were placed in a glass chamber inside a water-jacketed incubator maintained at 37°C and exposed to 100 ppm Br2 for 10 minutes. The concentration of Br2 in the chamber was measured continuously with an Interscan Corp. (model RM70-20.0m) Br2 detector. After exposure, cells were placed in a humidified incubator with air and 5% CO2 at 37°C for 6 or 24 hours.

Statistics. Statistical analysis was performed using GraphPad Prism version 7 for Windows. The mean ± SEM was calculated in all experiments, and statistical significance was determined by unpaired t test for 2 groups or 1-way ANOVA followed by Tukey’s post hoc testing for more than 2 groups. PV curves were analyzed by 2-way ANOVA and Bonferroni’s post hoc test. Overall survival was analyzed by the Kaplan-Meier method. Differences in survival were tested for statistical significance by the log-rank test. P less than 0.05 was considered significant.

Study approval. Adult participants were recruited to this observational cohort through the UAB Lung Health Center. The study was approved by the UAB Institutional Review Board (Birmingham, AL; IRB Protocol X170301002). All animal care and experimental procedures were approved by the Institutional Animal Care and Use Committee at the UAB (Animal Protocol number: 20761).
Author contributions
SA designed the study, acquired, analyzed, and interpreted data, and wrote the manuscript. IA acquired, analyzed, and interpreted data. AL, MAC, and CL acquired and analyzed data. MJW and JMHW acquired human samples. SVR acquired ferret samples. MA designed the study, analyzed and interpreted data, and was responsible for quality control. SM designed the study, analyzed and interpreted data, wrote the manuscript, and was responsible for quality control. SMR and SVR acquired ferret samples.

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